

Standing up for change

By Rosemary Stephens, Editor-in-Chief

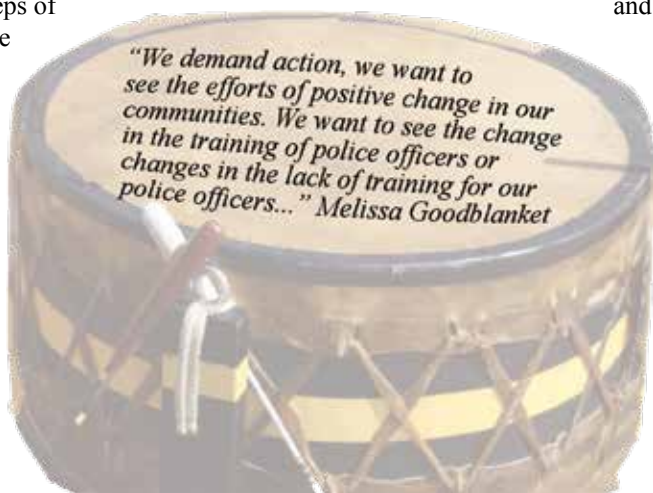
The message is clear. Change.

Sept. 26, 2014 is recognized as Oklahoma’s National Indian Day. It was on this day people from all walks of life chose to assemble on the steps of the Oklahoma State Capitol for the Protest Against Police Brutality rally.

The rally, planned by Wilbur and Melissa Goodblanket, is an ongoing effort to bring awareness to the epidemic numbers of American citizens being shot and killed by law enforcement throughout the country. This rally was one of many spurred by the Goodblankets’ own tragedy when their 18-year-old son, Mah-hi-vist Goodblanket was shot and killed in their home by law enforcement on Dec. 21, 2013 in

Clinton, Okla.

Melissa Goodblanket said she would love to never have another family go through what they have been through the past nine months, but sad-



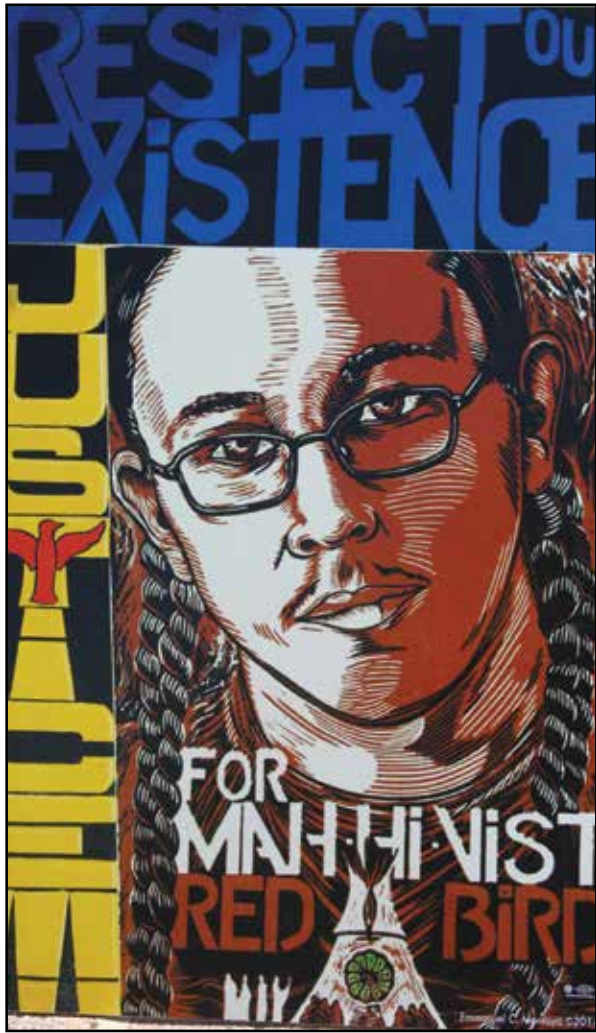
ly, reports of police related shootings of unarmed people in the United States continues to rise at an alarming rate.

“We demand action, we want to see the efforts of positive change in

our communities. We want to see the changes in the training of police officers or changes in the lack of training for our police officers. That’s sheriff departments, that’s city police and state police,” Mel-

issa, in her quiet tone of voice, said to the audience. “We are not just asking for that change, we are demanding for the changes in training and we are not going away. We will persevere and we will not go away until we see with our own eyes in our own communities that positive change has been implemented. If I don’t make it to see this change come to light, there will be someone behind me to follow me, to pick up the

See **Standing up for change** pg. 5



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Tribes hold annual Tribal Council meeting

By Rosemary Stephens, Editor-in-Chief

The Cheyenne and Arapaho tribes hold their annual Tribal Council meeting on the first Saturday of October yearly. This year’s meeting was held Saturday, Oct. 4, 2014 at the Concho Community Center in Concho, Okla.

A required quorum of 75 tribal members was reached at 10:43 a.m.

The floor was opened for nominations for a meeting chairman. Reggie Wassana was the only individual nominated for meeting chairman, taking the position by acclamation.

Wassana opened the floor for nominations of secretary. Roberta Hamilton and Mary Lou Youngbull were nominated for secretary. Hamilton was elected for secretary with a vote of 86 for Hamilton and 73 for Youngbull.

The original agenda posted for the annual Tribal Council meeting was:

1. Selection of Tribal Council Coordinator and Terms and Conditions of Employment.
2. Tribal Council Approval to Hire an Attorney to Represent the Interests of the Tribal Council Authorities and Responsibilities.
3. Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year (2015-2017) Contracts with the Bureau of Indian Affairs for Aid to Tribal Government, Adult Education, Indian Child Welfare and Emergency Youth Shelter Programs.
4. Adopt the 2014 Tribal Transportation Safety Plan.
5. Disaffirming and Dis-

avowing Richard Goralewicz as a Cheyenne & Arapaho Supreme Court Justice.

6. Approve the 2015 Budget

7. Amend Tribal Council Resolution No: 100105ATC061.

8. Disaffirming and Disavowing the Boswell (Webber) “Supreme Court” including Richard Goralewicz as a Cheyenne and Arapaho Supreme Court Justice.

Chairman Wassana asked for a motion to accept the meeting agenda. Albert Old Crow made the motion to accept agenda, Pete Salinas seconded.

The floor was opened for discussion about the agenda.

Angela Blind made a motion to remove item #4, Adopt the 2014 Tribal Transportation Safety Plan, due to the safety plan not being finalized.

Darrell Flyingman, made a motion to remove item #8, Disaffirming and Disavowing the Boswell (Webber) “Supreme Court” including Richard Goralewicz as a Cheyenne and Arapaho Supreme Court Justice. No information was provided for the reason for the motion to remove.

Flyingman also motioned to move item #6, Approve the 2015 Budget, to the top of the agenda.

Vera Franklin objected to rearranging the order of the agenda.

Chairman Wassana made the announcement that items 4 and 8 were removed after asking for any objections

See **Tribal Council** pg. 4



Oklahoma AARP Honored Elder, Dr. Ralph Dru accepts his golden medallion from Melba Knight, Senior Operations Associate (r) and Mashell Sourjohn, Associate State Director, Community Outreach (l) on Oct. 7, 2014 during the sixth annual AARP Oklahoma Indian Elders Honors ceremony at the Cowboy Hall of Fame in Oklahoma City.

Oklahoma AARP honors three Cheyenne and Arapaho elders

Photos and story by Rebecka Lyman, Reporter/Ad Sales

Native American veterans, language preservationists, artists, a renowned female ceremonial dancer and educators, were among those recognized at the sixth annual AARP Oklahoma Indian Elder Honors ceremony on Oct. 7, 2014 in Oklahoma City.

Three of the many Indian elders being honored were from the Cheyenne and Arapaho tribes, Dr. Ralph Dru, Chief Moses Starr Jr., and mentor/educator, Raymond “Red” Stonecalf. They were

honored for their contributions to their communities, tribes, family and state.

“Since it’s inception, we have been so blessed to recognize the extraordinary accomplishments of elders from all walks of life,” AARP Oklahoma State President Marjorie Lyons said. “Some have led high profile lives and others have quietly passed on their gentle wisdom and culture.”

This year’s class of Indian Elder Honorees marks 300 elders repre-

senting all 39 federally recognized tribes in Oklahoma who have received the recognition since AARP began the program in 2009.

“This year’s AARP Oklahoma Indian Elder Honorees represent what is best about Native American people in Oklahoma; love of family, dedication to culture and respect for all people,” Lyons said.

Dru, a full blood Cheyenne over came many obstacles, including growing up an orphan, to become a colonel and a phy-

sician in the U.S. Army and in private practice. He is a recipient of the Purple Heart and two Bronze Stars and he served in Incheon, Korea, where he earned the Combat Infantry Badge. Dru earned his medical degree using his GI Bill and was recalled to service as a Division Surgeon during Desert Storm earning the Combat Medical badge.

“This is a great night to be here with my family, my friends and to be recognized for something

See **AARP honors elders** pg. 5



Dear Tribal Members,

It is a great honor to address you and I hope this letter finds you in good health.

I would like to mention that we have not forgotten about our outlying communities such as Hammon, Seiling, Woodward, Thomas, Canton and others. We’ve visited with you and have

From the Office of the Lt. Governor

heard you.

Our priorities have always been our youth, elders and education of our people. We met with our executive directors to discuss your concerns and we believe firmly in their ability to make the right decisions in the best interest of the Cheyenne and Arapaho tribes.

At this time we are currently looking for a general manager for all casinos. We’re seeking an individual that understands the gaming industry, as well as the financial aspects of the position.

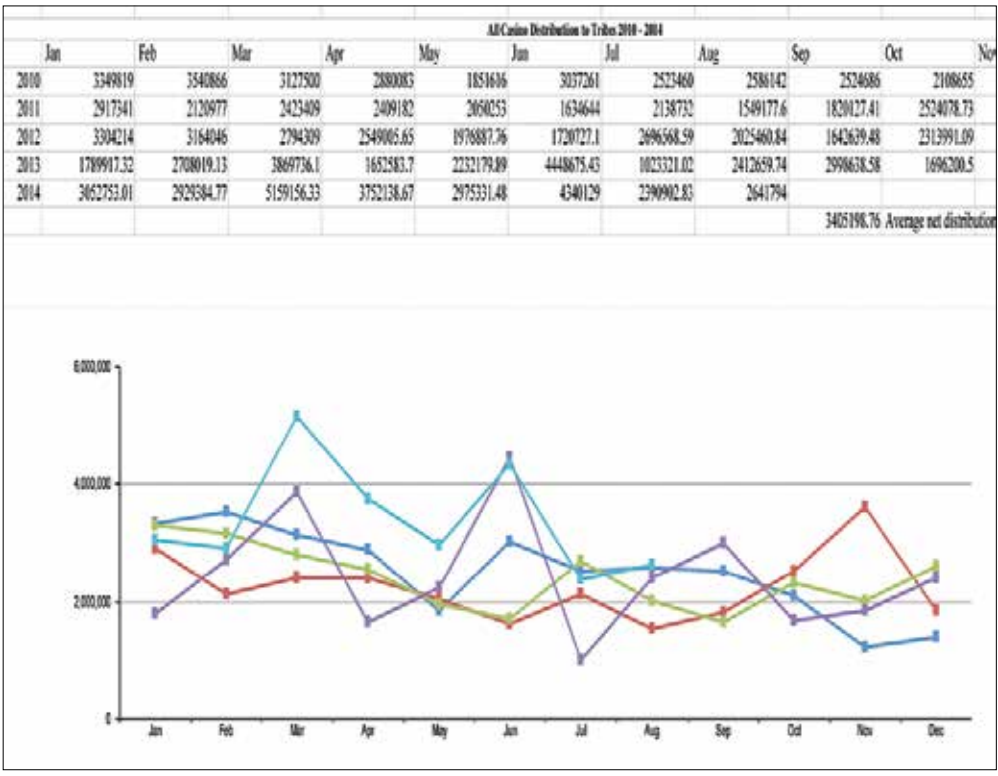
To update you further, the net gaming revenue distribution total to the tribes is \$27,241,590.09 as of August 2014.

September’s distribution will be reported Oct. 20, 2014. At present the tribes have \$1,006,539.37 in the 2015 per cap account. All casinos average distribution per month is \$3,405,198.76 combined.

We are currently working on getting the Hammon Casino construction moving forward. CT Construction will resume this task. Please remain patient and optimistic.

All BIA and HHS Contracts are currently being funded and services are being provided per the intent of the funds. As always, we thank you for your support and look forward to seeing you again.

Lt. Governor
Cornell Sankey



Proposed Constitutional amendments are put to the people for comments

The Cheyenne and Arapaho 5th Legislature and the Governor are considering several amendments to the Constitution. This is a limited effort intended to make a few minor improvements. More needs to be worked on later. Please contact your legislator or the Governor if you have comments on these amendments or ideas for other amendments.

Below is a short explanation for each, followed by the proposed amendment in **bold type**.

1. This is an amendment to remove the ban on membership if a person has “shared in any land or money” from being enrolled with another tribe.” The original purpose of this in the 1960’s was to prevent tribe hopping to get extra judgment fund monies. Today, many people are enrolled with other tribes as children or location, but want to enroll with C&A today. Most tribes provide some minimal services to their members, and these small payments should not prevent eligible people from enrolling with the Tribes.
- Article IV, MEMBERSHIP, Section 2, Other Tribes, is repealed.**
2. This is an amendment to prohibit dual enrollment. The current Constitution has a loophole that arguably allows dual enrollment. There is no clear rule currently. This amendment makes it clear that dual enrollment is not allowed. It recognizes the current practice of getting a conditional relinquish-

ment to change tribes, and gives time and an opportunity to fix problems.

Article IV, MEMBERSHIP, is amended by adding a new Section 5. Dual Enrollment, to read: Unless a relinquishment of the other membership is filed, conditioned only upon the conferring of Cheyenne and Arapaho membership, persons who are members of another federally recognized Indian tribe shall not be enrolled. Members shall be dis-enrolled if they enroll in another tribe. If the Enrollment Department receives credible information that a member is enrolled with another tribe, then the member shall be contacted at their last known address, and any other reasonable private means to show cause within 30/60/90 days of receipt of notice or publication why they should not be dis-enrolled. If no response is received within 30/60/90 days, then notice must be given by publication in the Tribal newspaper and/or website to contact the Department of Enrollment. The Department of Enrollment may allow additional time to respond for good cause shown. A person dis-enrolled may appeal to tribal court.

3. This is an amendment to remove federal approval authority over the Membership law and make the amendment process the same as other laws of the Tribes. Article VI, Section 7 sets out the Legislative Process, which

includes public hearings, passage by the Legislature, signature of the Governor, and an opportunity for Tribal Council to repeal the law.

Article IV, MEMBERSHIP, Section 4, is amended to read: “The law governing membership must be an act passed pursuant to the Legislative Process in Article VI, Section 7.

4. An amendment to remove term limits for Legislators. The current Constitution limits legislators to three consecutive terms. No other C&A office has term limits. Cheyenne and Arapaho people have no tradition like term limits. Term limits have become problematic for the Oklahoma Legislature because of a lack of experienced legislators. Tribal members should be knowledgeable about their government and be able to keep legislators serving for so long as they are willing and their district supports them.
- Article VI, Section 3, Terms, is amended to read: “District Legislators shall serve four year staggered terms of office.”**
5. This is an amendment to allow flexibility in scheduling Legislative Sessions. The current Constitution requires legislative sessions on the 2nd Saturday of every month. However the Legislators now are available every day, and many times it is not proper or convenient to have meetings on that day. Ceremonies,

funerals, weather, and other events cause a conflict when the session is that day. If item 6 also passes, requiring attendance, then this flexibility will allow meetings when the most Legislators and the Governor can attend. This amendment allows accommodation for schedules but requires adequate public notice of Regular Sessions.

Article VI, LEGISLATIVE BRANCH, Section 6, Sessions, (a) is amended to read:

(a) The Legislature shall convene in Concho for twelve Regular Sessions of up to two consecutive days beginning on the second Saturday of each month beginning at 9:00 A.M., unless the Legislature votes in a prior session that for good cause the session should be held at another date and time within the same month.

6. This is an amendment to require a quorum for Legislative Sessions and require Legislators to attend Sessions. Previously there has been difficulty getting the Business Committee to meet with a quorum. The current Constitution attempted to fix this by not requiring a quorum. Unfortunately this led to multiple meetings of the Legislature. This amendment will require a quorum, to prevent multiple meetings, and require attendance, to insure that business is conducted. The 1937 Constitution had a “neglect of duty” reason

See **Proposed Constitutional Amendments** pg. 4



Photo by Rebecka Lyman

Photo Front (L-R) Cheyenne and Arapaho Executive Director of Education, Funston Whiteman; Assistant Executive Director Department of Education, Gordon Yellowman; Lt. Governor Cornell Sankey; Governor Eddie Hamilton; Lucky Star Casino Marketing Coordinator, Lisa Martin; Player’s Club Director, Theresa Littlehawk; JOM Coordinator, Francine Williams; JOM Administrative Assistant, Nakayla Lumpmouth.

Back (L-R) Canton Lucky Star Casino AGM, Hannah Little Coyote; Concho Lucky Star Casino AGM, Tracer Hamilton; Lucky Star Travel Center AGM, Robert Roman Nose; Clinton Lucky Star Casino AGM, Kara Farris; and Watonga Lucky Star Casino AGM, Chris Derenzo.

Lucky Star Casinos educational campaign drive nets \$77,000

CONCHO, OK – Lucky Star Casinos, an enterprise of the Cheyenne and Arapaho tribes, donated more than \$77,000 on Oct. 9, 2014 for the tribes’ Johnson O’Malley Program (JOM) to assist tribal students with educational support items. The funds were raised with the support of the casinos’ Player’s Club members; \$10 free play to every member who donated \$5 to the campaign.

“We are dedicated to providing our tribal students with an education,” stated Eddie Hamilton, Governor of the Cheyenne and Arapaho tribes. “There is no price tag you can put on the value of an education, but with the community’s support this substantial donation is making a direct impact for more than 1,500 stu-

dents.”

The funds will be used for numerous needs including basic school supplies, eyeglass assistance, class fees, summer school fees, correspondence courses needed for graduation and driver education fees.

The Johnson O’Malley Program is a federally funded program for eligible Native American students attending a public school or attending one of the tribes’ Head Start Programs within Calumet, Canton, Canton Head Start, Clinton, Clinton Head Start, Concho Head Start, Darlington, Elk City, Enid, Geary, Hammon, Kingfisher, Mustang, Seiling, Thomas, Watonga, Weatherford, Woodward and Yukon.

Remembering SAND CREEK

150 YEARS LATER

The C & A Tribes are in search of tribal elders who are able to comfortably make the journey to Colorado in November to commemorate the 150 Year Anniversary of the Sand Creek Massacre. A Genealogy Report must be submitted along with the application and the elder must agree to an interview with either CATV or the Tribal Tribune. Elders who participated in the Forums held in September will be given priority in the selection.

2 OPPORTUNITIES TO ATTEND

1st Trip—Visit the Massacre Site near Eads
Departing Friday, Nov 28; Returning Sunday, Nov 30
This trip is available only to elders 55 and over.

2nd Trip—Closing Ceremonies held in Denver
Departing Tuesday, Dec 2; Returning Thursday, Dec 4
This trip is available to elders, as well as interested tribal members.

APPLICATION DEADLINE OCTOBER 24

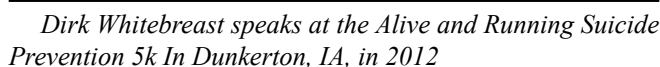
Applications will be available in the Department of Administration Office, Housing, and Culture & Heritage.

For more information:
CULTURE & HERITAGE PROGRAM
Max Bear (405) 422-7714
Karen Little Coyote (405) 422-7443
Greg Spottedbird (405) 422-7522

By Rhonda LeValdo

Suicide affects many people, how did this drive you to be such a vocal ad-

As things moved forward I began to realize that there were lessons to be taken from what my family and I went through. Things I felt could help others. And in the process of traveling and visiting with other communities, sharing this story, I began to see that all of this was a form of therapy. Healing. I would go out, share, and feel like there was a greater pur-



At the time of the marathons I was still serving as Secretary on our Tribal Council. I thought about the importance of taking that leadership platform and using it to send a strong message. Not only to my own community but also to Indian Country. We allow ourselves to get caught up in so much selfish and negative thinking at times. I just wanted to set an example and show others what I thought leadership looked like. In my opinion, it was a moment where all that negative got pushed to the side and the positive out-

We need to take warning signs seriously. We need to be willing to confront suicide and address it accordingly and without stigma. I understand that is easier

Suicide Prevention *pg. 14*

If you have any Child Support, Student Loans, and Federal garnishments that needs to be addressed or questions on please contact Per Capita Office at (800) 247-4612 ext. 27725 or (405) 262-0345 ext. 27725. All garnishments of Child Support, Student loans, and Federal needs to be submitted to Per Capita Office by NOVEMBER 14, 2014.



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The Culture and Heritage Program Presents

"The Sand Creek Massacre and the Civil War"

A final draft video, *The Sand Creek Massacre and the Civil War*, was provided by the National Park Service of Colorado. This video is approximately 50 minutes and 45 seconds long.

The Culture and Heritage Program will show the film at the following locations:

LOCATION	DATE	TIME
Canton Community Ctr.	Oct. 20	7-8:30 pm
Watonga Multi-Purpose Bldg.	Oct. 21	7-8:30 pm
Clinton Community Ctr.	Oct. 22	7-8:30 pm
Concho Community Ctr.	Oct. 23	7-8:30 pm

Refreshments will be provided. For more information contact Cultural and Heritage Director, Max Bear (405) 262-0345 ext. 27714, Karen LittleCoyote ext. 27443, or Greg Spottebird ext. 27522.

staff will also be accepting applications for the upcoming Sand Creek Spiritual Healing Run.

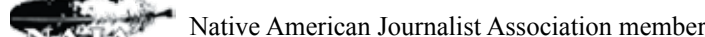
For applications for the Sand Creek Healing Run contact the R.E.Sp.E.C.T. offices at (405) 422-7578.

Culture and Heritage

P. O. Box 38, Concho, OK 73022 Fax: (405) 262-6051

(405) 422-7446 rmstephens@c-a-tribes.org

(405) 422-7608 rlyman@c-a-tribes.org



2010-2014 NATIVE AMERICAN JOURNALIST ASSOCIATION MEDIA AWARD WINNER & 2012-2014 WINNER OF THE OPA BETTER NEWSPAPER CONTEST

Solution to Redskins name controversy may be on the ‘playground’

Sports fans who tuned in to last Thursday night’s primetime game between the New York Giants and Washington Redskins may have thought they were just watching the latest installment of one of football’s oldest rivalries, one that has seen the Giants pull out a victory nearly 100 times. But the rivalry between the Giants and teams named for Native Americans is older than you might think. And despite the one-sided nature of Thursday’s nationally televised game, the outcome hasn’t always gone the New Yorkers’ way.

The 45-14 shellacking that the Giants put on the Redskins came in the midst of a renewed fervor over the latter’s team name, with everyone from the creators of TV’sSouth Park to commentator Jon Stewart, to the President of the United States himself (who, by the way, lives in Washington), weighing in on whether the term “Redskins” is culturally insensitive to Native Americans. Team owner Dan Snyder has remained steadfast in his refusal to rename his team. But a new documentary has the potential to be the catalyst for a win-win agreement between both sides.

Filmmaker Celia Xavier’s Playground of the Native Son tells the story of the Hominy Indians, an Oklahoma-based, multi-tribe team of American Indians that took on the world champion New York Giants in 1927, a full decade before the Redskins relocated from Boston to their current home in Washington, DC. The contest was played the day after Christmas, just three weeks after the Giants had won their first NFL title.

The Hominy Indians were financed by a pair of Osage brothers and featured John Levi, the team’s star player and

the man Jim Thorpe referred to as the greatest athlete to ever live. The traveling semi-professional squad laid waste to opponents in 26 consecutive games before taking the field against the world champions in a David-versus-Goliath game that no one expected them to win.

Only they did.Nearly 90 years later, the game remains a watershed moment in Native American history, and is an amazing story of triumph that should be used to celebrate American Indians in football. This, along with the contention of some that the very sport of football was originally derived from the Native American game pahsaheman, is what people like Snyder should be using to support their desire to continue using a Native symbol for Washington’s team.

As it stands, the Redskins’ 1-3 start isn’t even the most painful part of their 2014 season. Instead, the team has been dog-piled by bad publicity - even before the season began, news outlets were reporting that several broadcasters (including Phil Simms, who announced Thursday’s game for CBS) were planning to refuse to use the team’s name. Throughout September, articles have been turned out at a brisk pace, covering everything from the team allegedly selling expired beer at its home games to a movement to boycott FedEx, the company whose name adorns the Redskins’ stadium.

The flimsy case for defending the name can be found on a Snyder-funded web site called Redskins Facts, but let’s get real: much of the owner’s refusal to change likely stems from both personal nostalgia (he grew up in the D.C. area) and business interests (it’s no small task to rebrand an 82-year-old franchise). Many of his supporters may also be

By Mark Carpowich, Freelance Journalist



Filmmaker Celia Xavier.

holding on for any variety of reasons, ranging from wanting to maintain a personal legacy to not wanting to have to buy new merchandise. Which would be ironic, since the federal government’s recent decision to cancel the team’s trademark registration would make it pretty easy to find unofficial Redskins swag for cheap. But it’s not like Washington teams are any stranger to name changes - anyone know how the Bullets or Senators are doing this season? If anything, name changesare tradition for the city’s teams.

Snyder could simply select a new name for the team that could still be Native American-oriented, which would allow him to make a genuine show of respect to the Native community while saving face with those who want him to remain obstinate. Embracing the story of the Hominy Indians could be the perfect solution for Snyder because it

See **Solution to Redskins name** pg. 6



Cheyenne and Arapaho Chiefs at the Camp Weld Conference. Image Courtesy of Wikimedia Commons.

The Letter and the Leaders

This article is part of a series by the National Park Service concerning the 150th Anniversary of the Sand Creek Massacre

On June 27, 1864, Colorado Territorial Governor John Evans offered an opportunity for a ceasefire in the ongoing conflict with Plains Indians. He directed “friendly Indians to keep away from those who are at war, and go to places of safety.” In response, Cheyenne Chief Black Kettle sent a letter, which reached Major Wynkoop on Sept. 6, writing, “All came to the conclusion to make peace with you ... we have seven prisoners of yours which we are willing to give up.”

The mention of prisoners convinced Wynkoop to act. Departing Ft. Lyon with 130 men, the Major found thousands of Cheyenne, Sioux and Arapaho near the Smoky Hill River. An apprehensive Wynkoop put his trust in Black Kettle. Negotiating release of four prisoners, Wynkoop noted, “I have the principal chiefs ... with me, and propose starting immediately to Denver City.” Wynkoop and the del-

egation arrived at Camp Weld outside of Denver in late September. Governor Evans begrudgingly agreed to meet the chiefs, stating, “So far as making a treaty now is concerned, we are in no condition to do it ... my soldiers are preparing for the fight.” By contrast, Black Kettle was conciliatory, saying, “We have come with our eyes shut... like coming through the fire. All we ask is that we have peace...”

The Camp Weld Council is one of the most important events preceding the Sand Creek Massacre. The meeting played a role in the removal of Wynkoop from command at Ft. Lyon and the selection of the Sand Creek camp by many Cheyenne and Arapaho as they awaited news of peace.

To find out more about the Sand Creek Massacre and its repercussions, go to www.nps.gov/sand or visit the Sand Creek Massacre National Historic Site outside of Eads, Colorado.

Tribal Council meeting

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then took a vote on Franklin’s objection to rearranging the agenda, moving item 6 to item 1.

The vote to move item 6 to the top of the agenda passed with a vote of 82 for, 64 against and no count for abstentions were taken.

The approved revised agenda for the Oct. 4, 2014 Tribal Council meeting was:

1. Approve the 2015 Budget.
2. Selection of Tribal Council Coordinator and Terms and Conditions of Employment.
3. Tribal Council Approval to Hire an Attorney to Represent the Interests of the Tribal Council Authorities and Responsibilities.
4. Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year (2015-2017) Contracts with the Bureau of Indian Affairs for Aid to Tribal Government, Adult Education, Indian Child Welfare and Emergency Youth Shelter Programs.
5. Disaffirming and Disavowing Richard Goralewicz as a Cheyenne & Arapaho Supreme Court Justice.

6. Amend Tribal Council Resolution No: 100105ATC061.

Chairman Wassana announced item 1, *Resolution to Approve the 2015 Budget*. Ramona Tallbear, Fifth Legislature, legislative clerk, made the request to have the budget tabled due to the budget not being completed as of Oct. 4, 2014. She indicated the legislature and the executive office had begun hearings and working on the budget June 1, 2014, however, was not yet completed and needed some more time in order to have it ready to present to the Tribal Council.

Flyingman made a motion to table the budget for 60 days. Christopher RomanNose seconded the motion.

The motion passed with a vote of 182 for, 4 against, and no count for abstentions were taken. The 2015 Budget will be presented at a special Tribal Council meeting on Dec. 6, 2014.

Item 2, *Resolution for the Selection of Tribal Council Coordinator and Terms and Conditions of Em-*

ployment.

Chairman Wassana indicated the resolution consisted of two different items to vote on, a vote agreeing with the terms and conditions of the Tribal Council Coordinator’s employment and a vote for the Tribal Council Coordinator candidates.

The terms and conditions of the Tribal Council Coordinator passed with a vote of 176 for, 3 against and no count for abstentions were taken.

There were four candidates running for Tribal Council Coordinator. They were Phyllis Naranjo, LaRenda Morgan, Vera Franklin and Pete Salinas. Salinas won the seat of Tribal Council Coordinator with the majority of votes. The count was as follows: Salinas, 92, Naranjo, 47, Morgan, 31 and Franklin, 26.

Item 3, *Resolution for Tribal Council Approval to Hire an Attorney to Represent the Interests of the Tribal Council Authorities and Responsibilities* had a motion to

amend the language, adding that all previous attorney contracts would be null and void.

The motion to amend the language passed with a vote of 123 for, 0 against, and no count for abstentions were taken.

The resolution passed with the amendment with a vote of 93 for, 8 against and no count for abstentions were taken.

Item 4, *Resolution to Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year (2015-2017) Contracts with the Bureau of Indian Affairs for Aid to Tribal Government, Adult Education, Indian Child Welfare and Emergency Youth Shelter Programs*, had a motion to remove the name of Eddie Hamilton after the word “governor” in the language.

The motion passed with a vote of 70 for, 57 against and no count for abstentions were taken.

The resolution passed with the amendment with a vote of 129 for, 0 against and no count for abstentions were taken.

Item #5, *Resolution for Disaffirming and Disavowing Richard Goralewicz as a Cheyenne & Arapaho Supreme Court Justice* had a motion to table.

The motion to table item 5 failed with a vote of 54 for tabling, 70 against tabling and no vote for abstentions were taken.

The resolution passed with a vote of 80 for, 50 against and no vote for abstentions were taken.

Item #6, *Resolution to Amend Tribal Council Resolution No: 100105ATC061* by removing the name of Chester Whiteman in paragraph two and replacing language to read “the representative to the ITBC (InterTribal Bison Cooperative) shall be the manager of Tribal Farm and Ranch Program.”

The resolution passed with a vote of 93 for, 26 against and no vote for abstentions were taken.

Full copies of resolutions may be obtained by contacting the Tribal Council Coordinator, Pete Salinas at (405) 422-7430.

Proposed Constitutional Amendments

continued from pg. 2

to expel a Business Committee member. The Tribes have had a tradition of requiring attendance at certain events. The current “no quorum” rule is in an awkward place, powers, so is deleted, and the new rule is placed in the “Sessions” paragraph. We know that life is uncertain, so there are reasonable reasons for excused absences. Also there is a short rule for replacing a legislator who loses their position due to absences.

a. Article VI, LEGISLATIVE BRANCH, Section 5 (c) is amended to delete the second sentence, which reads “During an official session of the Legislature, a quorum shall not be required to pass bills pursuant to the Legislative Process.”

b. Article VI, LEGIS-

LATIVE BRANCH, Section 6, Sessions, is amended to add a paragraph (d). to read: “A quorum of five Legislators is required to convene a session and conduct any business, provided that if there is one or more vacancies, the quorum shall be four.”

c. Article VI, LEGISLATIVE BRANCH, Section 6, Sessions, is amended to add a paragraph (e) to read:

(b). Attendance.

All members of the Legislature shall attend every regular or special session unless excused. Remote attendance will be allowed if the member is away on tribal business, ill, or has a family emergency, provided that four members are physically present in the session. No proxy voting

will be allowed.

An absence may be excused for unavoidable circumstances if approved by majority vote of the other legislators. A Legislator charged with an unexcused absence may challenge such determination in tribal court.

If a member is absent and unexcused from two consecutive sessions or three sessions within their term and without excuse, they shall automatically forfeit their position effective immediately. Absent means not being present for all votes. Unless the regular election for the position is within six months, the Legislature shall call for a special election to be held by the Election Commission within 90 days to replace that member for

the remainder of the term. The member forfeiting shall be eligible to be a candidate for the vacant office and if elected may be reelected for the remainder of their term with continuing benefits, but will not receive back pay for the time between forfeiture of office and re-election.

7. This is an amendment to allow laws passed to become effective earlier when necessary. Sometimes the government needs to act quickly. When a tornado destroyed the El Reno Clinic, a building needed to be purchased quickly to get the clinic open again. When confirmed, Executive Directors need to start work immediately. The Legislature and Governor need to have the flexibility to make laws and resolutions effec-

tive quickly when it is in the best interest of the people. The Tribal Council will still have the power to repeal a law.

Article VI, LEGISLATIVE BRANCH, Section 7, Legislative Process, (a) (iv) is amended to read:

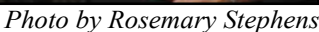
“All Bills passed by the Legislature shall be presented to the Governor for signature or veto. All laws shall take effect thirty days after signature by the Governor or veto override by the Legislature, unless the Legislature and Governor find that an urgent need for an earlier or later effective date is necessary.”

8. An amendment to place a 10 year limit on the felony restriction for Election Commissioners, consistent with other officers

of the Tribes. The Governor and Legislators can be elected if they have a felony older than 10 years. But people wanting to be Election Commissioners have a lifetime ban. Many people who made mistakes earlier in life make changes and become good citizens. The rule should be the same for all officers of the Tribes, except judges.

Article IX, ELECTIONS, Section 3, Election Commission, (c) is amended to read “Each Member of the Election Commission shall possess at a minimum a High School degree or its equivalent. No person convicted of a felony within the last 10 years shall serve as an Election Commission Member.

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State of Oklahoma NAACP President Anthony R. Douglas holds up a sign with the names of Oklahoma citizens shot and killed in the past few months by law enforcement.

same staff on behalf of the people.”

Backed by organizations including Idle No More, American Civil Liberties Union (ACLU), National Association for the Advancement of Colored People (NAACP), Society to Preserve Indigenous Rights and Indigenous Treaties, (S.P.I.R.T.), Tulsa Indian Coalition against Racism (TICAR) and local chapters of the American Indian Movement (AIM), the rally began at 10 a.m. with a long list of speakers, poets, musicians and concerned supporters.

“The last time I spoke out here in front of the capitol we had to move to keep from pieces of the capitol from falling down on our heads. I see they are fixing the capitol, but I see nothing anywhere that shows we are trying to fix our communities right now,” Brady Henderson, ACLU said.

Waiting for the applause to die down, Henderson looked from side to side and said, “We are how here today because another young man’s life was taken by law enforcement.”

He said he first heard of Mah-hi-vist Goodblanket being shot like many did, through a brief media clip.

“When I was asked about it for a long time I would say things like, ‘there was this suspicious death out in Custer County’, or ‘there was a suspicious thing that happened out there in Custer County’, and those were the type of euphemisms I used,” he said. “But then I took the time to find out more about the case, to talk directly to the people affected and I don’t say that anymore. When someone says to me, ‘Hey Brady what happened out there in Custer County last December,’ I say, ‘oh yes that’s when Mah-hi-vist Goodblan- ket was murdered, murdered by the people that were sworn to protect him, that’s what happened in Custer County last

December.””

Henderson said the problem with his statement is that the DA in Custer County does not agree with him.

"This is a problem we are seeing Nationwide right now, not just in Oklahoma. What I want to say is that unfortunately what we see going on is so much bigger than what we are talking about here today ... it's happening all over the country, overall four corners of our state, our cities, our suburbs and our rural areas. What is happening is a break down of a trust that we should be able to take for granted, but can't ... a trust of the people who are sworn to protect and serve, who go around carrying guns and

badges and tasers and who are out there, in theory to protect our communities and to keep the people safe and protect our freedom, but we can't trust them and they feel they can't trust us," Henderson said while shaking his head and holding up his hand as if to say, what now?

He said the situation of police killings is a huge problem and does not feel the people in the state capitol understand how bad it has gotten and how bad it can get.

Supporters applauded and shook their heads in agreement. Many of them holding signs, banners, and flags.

The NAACP President, Anthony R. Douglas agreed and spoke of going even further to demanding open investigations into the deaths of Mah-hi-vist Goodblanket and many others in Oklahoma.

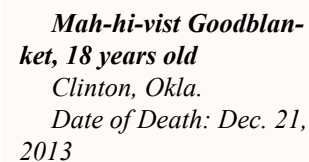
“We need justice for these individuals killed here in Oklahoma, and as a coalition, we as Oklahomans need to stand together. This isn’t a black issue, or white issue or American Indian issue, it’s an American issue. Justice for Luis Rodriguez, Jeremy Lake, Mah-hi-vist Goodblanket, Daniel Martin, Dane Scott and the list gets longer and longer,” Douglas shouted from the podium. “We are tired of every time we request an investigation into these killings we get the answer back justified. How do you justify killing somebody? I am joining in this effort under the umbrella of the NAACP and we will no longer be put aside or put off to meet with our own governor,” (Oklahoma Gov. Mary Fallin)

Douglas said as president of the NAACP, they not only represent the African American communities but said they represent all the citizens of the entire state of Oklahoma on

the issues of Oklahoma, not just the color of their skin.

“We are calling upon our attorney general to investigate these shootings, he has the power and the responsibility to investigate these things ... we only want the truth and transparency. Yes we are having this rally, but not just a rally, but a step and we will have a next step planned until we get justice and answers,” Douglas said.

For more information about the efforts to implement change in Oklahoma visit <https://www.facebook.com/notes/brenda-golden/we-can-do-this-petition-drive-for-justice/10152694655324500>.



Shot 7 times – one to the back of the head by law enforcement. Family 911 Distress Call for Assistance with Mental Episode of Son-Unarmed

*Keith Vidal, 18 years
old*

Boling Springs, N.C.
Date of Death: Jan. 6,
2014

*Shot and killed. Family
911 Distress Call for Assis-
tance with Mental Episode
of Son-Unarmed*

Yanira Serrano-Garcia,
18 years old

Half Moon Bay, Calif.
Date of Death: June 3,

*2014. Family 911 Distress
Call for Assistance with
Mental Episode of Daugh-
ter-Unarmed*

*Denzel Curnell, 19
years old*

Charleston, S.C.
Date of Death: June 21,
2014

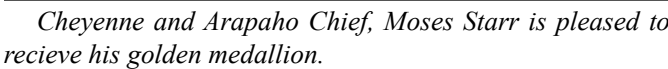
Shot and killed. Walking home when police mistakenly apprehended him, witnesses say he was kneeling when shot in the head-Unarmed

*Joseph Jennings, 18
years old*

Ottawa, KS
Date of Death: Aug. 23,
2014

Shot 16 times. Family 911 Distress Call for Assistance with Suicide Attempt-Unarmed

continued from pg. 1



that I have enjoyed doing,” Dru said. “I would do it all over again.”

He retired after 20 years of service with the United State Public Health Service and became very involved in Cheyenne Sundance ceremonies. Dru made the Cheyenne Sacred Arrows, giving him the right to perform any Cheyenne ceremony.

For Cheyenne and Arapaho Chief, Moses Starr, being honored was a humbling experience.

“Oh it is so nice to be here and I feel honored to be

among the other wonderful honorees that are here,” Starr said.

Starr was raised by his grandmother, Soar Woman. After serving in the Korean War as a Ranger in the U.S. Army he returned to his traditional ways of his childhood. Starr became camp crier for the Cheyenne Sundance and also carries the medicine to paint his people who have passed on, as well as their families. He is a member of the Kit Fox Society, has served on several committees for his tribes and worked with Indian Rehabilitation Program helping incarcerated Indians make their way back into society. Starr has traveled to many countries representing the Cheyenne and Arapaho people with his stories, traditional songs and dances. He round dances, gourd dances, sings ceremonial songs and speaks Cheyenne fluently.

Emcee, AARP State Director Sean Voskuhl said Stonecalf was not present to accept his award, however he read a brief description of why Stonecalf was chosen to be honored.

“He spent a combined 35 years working at Concho and Riverside Indian Boarding Schools. Stonecalf was known for encouraging students to do their best and helping them realize they were important no matter what their home life may have been like. His saying is, ‘You wont know what you can do, until you try.’ Today, he keeps in touch with some of the students, many of which now have their own families,” Voskuhl read. “Following his retirement he worked for the Cheyenne and Arapaho tribes and represented the Concho Post 401 American Legion at events across the country. Stonecalf served in the Marines during the Vietnam War where he was wounded twice and is now a member of the Arapaho Color Guard.”

More than 600 family members, tribal leaders and honored guests from across the state attended the event, which recognized elders from 30 Oklahoma tribes. According to the AARP, the Oklahoma Indian Elders Honor event is the largest event of its kind, bringing together all Oklahoma tribes and nations.

For more information about AARP visit www.states.aarp.org.



*Recreation, Exercise, Sports, Elders and Children of
our Tribes*

150th Centennial

Sand Creek Run Application

CHILD OF OUR LAND MEMORIAL

Last Name _____ First _____ MI _____
 Tribal Affiliation _____ CDEB # / CDEB II _____
 Parent/Guardian's Name _____
 Mailing Address _____ ZIP _____
 Street Address _____ ZIP _____
 Contact Number () _____ E-mail _____
 School _____ Grade _____ DOB: _____ Age: _____
 Male _____ Female _____
 Emergency Contact _____ Number () _____

Participants/Parents Informed Consent/Release Form

This is to verify that I _____, or parents/guardians of _____, agree to encourage myself or son/daughter to conduct themselves accordingly and abide by the R.E.Sp.E.C.T. Program Sportsmanship Creed while attending the Sand Creek Commemoration. I further understand that my child participating in this running activity can be a dangerous, including MANY RISKS OF INJURY, and hereby release the R.E.Sp.E.C.T. Program and its employees, and the Cheyenne & Arapaho Tribes of Oklahoma, of any responsibilities and accidents or injuries that may occur while attending the Sand Creek Commemoration Activities.

 Parent/Guardian Signature Date

 Participants Signature Date

Medical Release

Breast Cancer survivor shares story of hope



Sue Hatch Silcott, beat breast cancer over 12 years ago.

The world observes October as Breast Cancer Awareness month. Sue Hatch Silcott considers everyday as a day for breast cancer awareness. She is a survivor of breast cancer and this is her story of courage and determination.

While sitting in a small town restaurant in Canton, Okla., Silcott goes back in time to a day she will never forget.

“In 2001 I had a pain in my left side, just under my arm,” Silcott said. “Something told me I had better get a mammogram, since I had never had one.”

She made the call to Mercy Women’s Clinic in Oklahoma City, and requested a mammogram.

“They got me in right away,” Silcott remembers. “They did the mammogram and ended up doing an MRI. They said that I had two very small calcifications inside my left breast.”

That was the day she said she felt like the bottom of her world had dropped

out. She then picked up the phone to break the news to her husband, David.

“I was standing in the clinic’s parking lot ... alone. I called my husband and told him over the phone and just broke down crying,” Silcott spoke gently. “I was so scared of how the news would affect my family, because I am the one everyone turns to.”

Silcott was 45 years old when she was diagnosed with breast cancer.

“I was told that I needed to have a Lumpectomy,” Silcott said.

She said a Lumpectomy is a type of surgery for breast cancer. Only the malignant tumor and the surrounding margin of normal breast tissue are removed.

“So I went through the Lumpectomy and six weeks of radiation everyday,” Silcott said.

Living miles from the city, Silcott said she would drive to Enid, Okla. for radiation treatments.

“I had to drive 60 miles to Enid, and I drove that everyday for six weeks. I would drive myself no matter what, no matter how tired I was,” Silcott said. “Now I go in every six months to be checked.”

The bell on the restaurant door chimed and in walked a friend of Silcotts. The lady leaned into the booth to give Silcott a friendly hug.

“If it were not for my daughter-in-law and son, I don’t know what I really would have done. They were there for me all the time,” Silcott said. “Family and true friends is sometimes the only thing that gets a person through hard times.”

Being a southern lady, Silcott enjoys the outdoors, hunting with her husband, painting and occasionally a little beadwork, but due to the radiation treatment and surgery she is limited in using her

By Rebecka Lyman, Reporter/Ad Sales

left arm.

“It has been years after the treatments. I did not realize I would still have pain on my left side,” Silcott said. “The doctor told me the radiation treatments destroyed my body cells. I cannot reach all the way up, because it pulls on my muscle and hurts.”

While she shared what life was like going through radiation, Silcott was reminded of a view she had through her windshield as she sat in her vehicle after treatments.

“I would finish my treatment and then sit inside my pick up for a while in the parking lot. I would be really tired ... and I remember watching people go inside, knowing it was their turn to get their treatment, it was amazing to see all the different ages,” she said.

Cancer free for over 12 years, Silcott will share her story with others during a series of breast cancer presentations hosted by the Cheyenne and Arapaho Health Department in October.

Silcott stresses to every woman to, “know your body and continue to find out what may be wrong with your body. I would have never have known that I had cancer if I did not listen to my body. Doctors tell us to get a mammogram at the age of 40, but if your body is telling you something is wrong, then go get a mammogram ... does not matter the age.”

According to www.breastcancer.org, about 40,000 women in the U.S. were expected to die in 2014 from breast cancer, though death rates have been decreasing since 1989, with larger decreases in women under 50. These decreases are thought to be the result of treatment advances, earlier detection through screening, and increased awareness.



Photo by Rosemary Stephens

Celebrating the grand reopening of the Elderly Nutrition Center (ENC) are from l-r: Governor Eddie Hamilton, Lt Governor Cornell Sankey, Mia Contreras, ENC staff assistant, Wanda Morgan, ENC coordinator and Chief Administrative Officer, Christopher Roman Nose.

Elderly Nutrition Center gets a makeover

By Rosemary Stephens, Editor-in-Chief

Freshly painted walls, that once were covered in dark paneling, greet visitors as they enter the newly renovated Cheyenne and Arapaho Elderly Nutrition Center.

On Oct. 1, 2014 the Elderly Nutrition Center (ENC) reopened their doors in celebration of their ‘new look’.

“Oveta Lira started the process of getting the nutrition center remodeled and we dedicate this day in her honor ... what she started is finished,” Wanda Morgan, Elderly Nutrition Center coordinator said.

The ENC building was first opened on May 12, 1988 and Morgan said it has been a place where many meals have been served to elders and a place where they have always came to just sit and visit.

“I would like to thank Governor Eddie Hamilton and all of the executive staff for their direction and support and a huge thank you to

Parry Roman Nose, Yolanda Valenzuela-Lira and the whole Tax Commission,” Jason LaPierre, Procurement, Grants & Contracts, said. “It has been a pleasure to see this project progress from where it was to what it is now and could not have been done without the cooperative efforts of everybody involved.”

The renovations included stripping off the old paneling, remodeling the dining room, hallway, men and women’s restrooms, elder care office and TV area. A fire suppression system was updated in the kitchen with automatic fire control, roof repairs, complete replacement of the HVAC system and replacing all the exit signs, emergency lights, outside lights and ceiling lights.

The nutrition center serves lunch daily from noon to 1 p.m., Tuesday through Friday and also delivers meals to homebound elders throughout the week.

Breast Cancer Awareness

It is that time of year again when there are many stories of women who have been diagnosed with breast cancer.

October is Breast Cancer Awareness month. Many famous women like Joan Lunden, Giuliana Rancic, Robin Roberts, Sheryl Crow, and Christina Applegate have been diagnosed with breast cancer. Men can get breast cancer, too. Peter Criss of KISS, a 1970s rock band, was diagnosed in 2009.

For some, there will be no signs or symptoms of breast cancer. For others, there will be signs of breast

cancer. What are the signs of breast cancer? The most common sign is a new lump or mass. Any change in the appearance, structure, or texture can be a sign. Other signs include nipple discharge, redness, dimpling, swelling, indentations, and even pain in the breast.

The screening procedures for breast cancer are breast self exam (BSE), clinical breast exam, and a mammography. It is important to perform a regular BSE, which can be useful in the early detection of breast cancer.

The BSE should be done at the same time each

month just after the menstrual cycle. First, begin by just looking at each breast in the mirror for any change or abnormalities. Next, use three fingers to feel each breast either in a circle, up and down line, or from the middle out. Make sure to examine the whole breast even the armpit and to the upper chest areas.

The BSE should be done both standing and laying down. If you notice a change like a lump that feels like a small hard pebble, contact your doctor as soon as possible. Your doctor will do further tests to screen for breast cancer.

Early detection gives the best change for a survival.

The Health Education Program is hosting “A Celebration of Life Breast Cancer Awareness Powwow and Health Fair”, Oct. 17-18 in Canton, Okla. at the community hall.

As many as 13 women who have been diagnosed with breast cancer and a few of those women and families will share their story during the fair. Everyone is invited to attend.

For more information contact Deborah Ellis at (405) 422-7674 or Rueben Watan at (405) 422-7676.

Solution to Redskins name

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at once recognizes Native history and appeals to the football fanatics who love their team and don’t want to see it lose its identity. This would also allow him to avoid having to admit any wrongdoing in insisting on holding onto something that has clearly offended many.

The timing couldn’t be better, either, as Xavier’s

documentary (which features actual footage of the Hominy Indians in action) looks to be picking up steam. As it continues to attract sponsors and be screened nationwide - including an upcoming November showing at the Lincoln Center in New York City - she is planning a feature-film version of the story that is set to start

shooting next year. A large-scale celebration of Native Americans’ place in the history of the NFL would be the perfect time for Snyder to re-brand his team.

Rather than defend himself by relying on laughably out-of-date claims such as “Prominent Indian leaders of the 19th century... referred to themselves as ‘Red-Skins,’”

as the Redskins Facts site asserts, Snyder should use the Hominy Indians’ story as the jumping-off point for the next chapter in his team’s illustrious history. Either that, or just keep insisting that, no matter how many people he’s offended, he’s not going to budge. Because, hey, that worked out great for Donald Sterling, right?

Save the Date

for the

150th Sand Creek Massacre Remembrance and 16th Annual Sand Creek Massacre Spiritual Healing Run

November 29 -December 3, 2014

Visit sandcreekmassacre150.com for more information about:

- all upcoming events commemorating the 150th year since the Sand Creek Massacre
- the Healing Run, including an online registration form
- the Colorado Sand Creek Massacre Commemoration Commission

Photo by Serle Chapman/Sand Creek Massacre NHS; National Park Service

The BIG Event

Sponsored by The Clinton Service Unit in partnership with the Cheyenne & Arapaho Tribes

Friday, October 24th

Health & Wellness Fair (8 am – 5 pm)
HIV/AIDS Testing and Education
Blood Pressure Checks
Native American Hand Games
Cooking Demonstrations
Diabetes Education
Information on the Affordable Care Act
Bounce House and Climbing Wall
Health Screenings

Saturday, October 25th

Health & Wellness Fair (8 am – 3 pm)
HIV/AIDS Testing and Education
Cooking Demonstrations
Timed HIV/AIDS 5K and Fun Run (8 am)
Clinton Fire Department
Air Evac Lifeteam Helicopter
Bounce House and Climbing Wall

Register for the HIV/AIDS 5K and Fun Run at:
www.bigeventclinton.eventbrite.com

This free race will bring in \$100,000, Saturday, October 25th at the Clinton Indian Health Center. Public and tribal community members are invited to attend. For more information please contact Denise at 505.724.1189.

Clinton Indian Health Center
10321 N. 2274 Road
(Just North of the Lucky Star Casino)
Clinton, OK 73601

Student Art Contest

Remembering SAND CREEK 150 YEARS LATER

2014 marks 150 years since the Sand Creek Massacre occurred, killing many Cheyenne and Arapaho families. We have two goals for this contest: one is to spread awareness to school age children about what happened on November 29, 1864 and the other goal is to support spiritual healing in the hearts of the Cheyenne and Arapaho Tribes. The winner will have their design displayed on a sweatshirt to be worn by tribal members who will travel to Colorado for the commemoration ceremonies.

ART CONTEST RULES

- Must be a tribal member.
- Must be enrolled in grade K-12.
- Deadline for artwork submissions is November 3, 2014.
- Artwork must be submitted on 8.5 x 11.5 paper.
- Artwork must be done in THREE colors only.
- Submitted artwork must be your original creation.
- No tracing of others' artwork.
- Art contest winner will receive a \$100.00 cash award
- One entry per student.
- Your artwork must refer to the 150th ANNIVERSARY OF THE SAND CREEK MASSACRE.
- By submitting your artwork, you agree to waive all rights (copyright) to your design.
- Include on a separate sheet of paper name, grade, school, address and phone number.
- Submit your artwork to:
Micaela Prairie Chief
mprairiechief@c-a-tribes.org
Fax 405.422.8215
- Or mail to P.O. Box 67 Concho, Oklahoma 73022

Tribal Tidbits

NEW BUFFALO HERD



On Oct. 6-7, 2014 Cheyenne and Arapaho tribes Economic Development Program received over 100 head of buffalo. Forty four buffalo were unloaded in Hammon, Okla. and 50 head out in the fields of Canton, Okla.



L-R: Jazmine RomanNose, Quinton RomanNose, Rachelle RomanNose, Edwin Sandhill, Jolie RomanNose Woods, Melvin RomanNose and Cara RomanNose.

Team Roman Nose

On Sept. 30, 2014 the El Reno Volleyball team won their first two games and needed to win the third to sweep the best out of five.

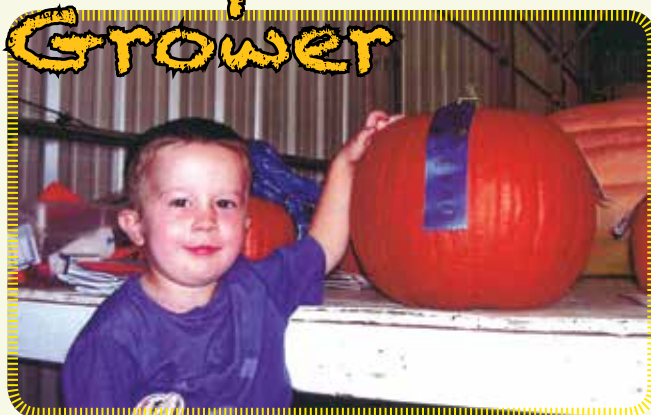
Cara Roman Nose was already on the floor, when Jolie and Rachelle Roman Nose checked in.

The score was 19-15 when Jazmine Roman Nose checked in, putting all four Roman Nose descendants on the floor. After the next score, Zhoonie checked in, followed by Shelbie Hulbutta. All six players finished the game with the win.

All the girls are Cheyenne and Arapaho except for Zhoonie who is Navajo.

Cara and Jazmine are both seniors this year.

Young Pumpkin Grower



Silas James Ball of the Kiowa tribe is the 3-year-old son of Robert and Melissa Ball and grandson of Dorman and Janice Ball of Thomas, Okla. He attended the horticulture class in Watonga at the Cheyenne and Arapaho Food Distribution Center in April.

While at the class Silas chose pumpkin seeds to plant for his project.

He planted, watered and tended to the seeds until a plant grew in the garden.

The plant flourished under Silas's care this summer and the plant produced six pumpkins. He kept the biggest pumpkin to be entered into the Custer County Free Fair in Clinton, Okla. He won first place in the junior division with his pumpkin.

Silas would like to thank the OSU extension office of Blaine County as well as Daryn West, green house project coordinator for putting on the classes.

Aho, Silas James Ball

CHEYENNE & ARAPAHO

Language



The number of fluent speakers of Cheyenne and Arapaho continues to shrink. To combat the loss, linguist Wayne Leman visits the Cheyenne and Arapaho tribes Education Department for a two-day workshop



on Oct. 1-2, 2013.

Leman showed the staff how to teach with online tools for the young adults and using stuffed animals for the children of the Cheyenne and Arapaho people.

Organizing the Library



The Department of Education (DoE) is working towards reformulating the DoE library. Augusta Smith is working with DoE to organize and lay out the DoE's library. It is the intent of the department is to have the library up to date by January 2015.

The DoE's goals include organized and catalogue library in a consistent manner, provide an accountability mechanism to encourage book checkout, introduce a friendly environment for everyone to visit the DoE's library, incorporate a digital collections and/or digital capability

"The DoE's seeks to encourage literacy for our tribal members and to create an effective library where tribal members are welcomed and valued," DoE Executive Director, Funston Whiteman said.

Bosses Day



Photos by Rebecka Lyman

Cheevers Heap of Birds-C3, Bruce Whiteman-Speaker of the fifth legislature/C1, Patrick SpottedWolf-A3, Alan Fletcher-C2, and Christine Morton-A2. Not Pictured: Winslow Sankey-A4, Kyle Orange-C4, and Eugene Mosqueda-A1.

Boss's Day is a secular holiday celebrated on October 16 in the United States, Canada and Lithuania.

It has traditionally been a day for employees to thank their bosses for being kind and fair throughout the year. This day was created for the purpose of strengthening the bond between employer and employee. Although the holiday is still controversial, it has become increasingly popular since its creation

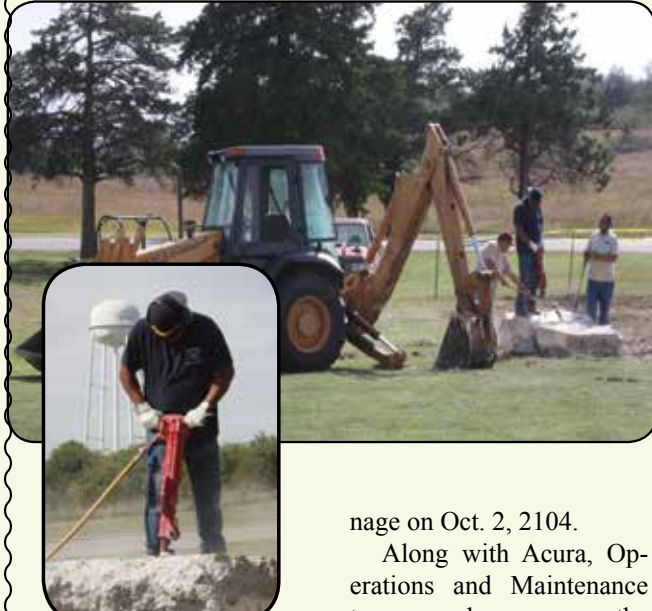
The legislative administrative assistants wanted to take this time to thank and show their appreciation to their bosses.



John Parris-staff attorney, Tina Stevens-A2 assistant, Sylvia Sandoval-C1 assistant, Ramona Tallbear legislative clerk, Andrea Main, legislative clerk, David Ramos-C2 assistant, and Corrine Morton-A3.



New Signage



The Cheyenne and Arapaho tribal complex has newly installed signs at the two entrances of the main Tribal Headquarters. Acura Neon Inc. began erecting the signage on Oct. 2, 2104.

Along with Acura, Operations and Maintenance team members prepare the ground and work to remove the existing cement signs that had been in place for approximately 35 years.

The entrance signs will illuminate during the evening hours.

Softball Backstop Project



The R.E.Sp.E.C.T. ball fields are getting a new brick back stop walls on both fields that will wind around in front of the dugouts.

The Cheyenne and Arapaho Economic Development construction crew is installing the brick back stop walls and estimate the project will be completed in approximately 30 days.

Culture Day



Tribal youth member, Isaiah Davis is a sixth grader at Jackson Enterprise Elementary.

His assignment on Oct. 9, 2014 was to present to his class mates his Arapaho culture and heritage. With the help of James Bates from the Cheyenne and Arapaho Education Department, Isaiah made an A in Mrs. Smith's class for his presentation.

EATING

well for DIABETES

There is no one diet for all people with diabetes. There is, however, a “recipe” for eating healthy that is similar to recommendations for heart health, cancer prevention and weight management.

To successfully manage diabetes, you need to understand how foods and nutrition affect your body. Food portions and food choices are important. Carbohydrates, fat and protein need to be balanced to ensure blood sugar levels stay as stable as possible. The keys to a healthy eating plan are:

1. Eat meals and snacks regularly (at planned times).
2. Eat about the same amount of food at each meal or snack.
3. Choose healthy foods to support a healthy weight and heart.

You need a registered dietician (RD) on your team who will work with you to put together a daily meal plan that takes into account your food preferences, level of physical activity and lifestyle.

Your RD will work with you and your physician to strike the right balance between your meal plan and

any diabetes medications you take.

Good health depends on eating a variety of foods that contain the right amounts of carbohydrates, protein and healthy fats, as well as vitamins, minerals, fiber and water. If you have diabetes, a healthy daily meal plan includes:

Starchy foods like breads, cereals, pasta, rice, other grains and starchy vegetables such as beans, corn and peas,

Vegetables (apart from the starchy ones, which are accounted for in the starchy foods notated above),

Fruits,

Meat, fish, poultry, cheese and tofu,

Milk and yogurt,

Healthy fats.

The actual amounts of each food group depend on the number of calories you need, which, in turn, depends on your age, sex, size, activity level, and various medical problems. Together with your registered dietician, you can develop an eating plan that is best for you.

Carbohydrates affect your blood sugar more than protein or fat. As your daily meal plan is designed, por-

Healthy Eating Plan

Kerri L. Felmlee, MS, RDN, PLD
C&A Diabetes Wellness Program

tioning out foods high in carbohydrate will help control blood sugar levels.

One way of accomplishing this is to use and exchange system for meal planning, which uses food groups, like the ones listed above, starchy foods, vegetables, fruits, meats, dairy and fat. Within each exchange are foods that contain similar amounts of fat, protein and carbohydrates. Because foods are divided this way, you are able to “exchange” one food for another within any one group. For example, bread, cereal, rice and potatoes are all starch exchanges. Your meal plan will specify a certain number of starch exchanges that you can have for a meal or snack. You may then select any foods within the starch group that stay within the number of servings planned. For each meal you will likely have exchanges in at least three to four food groups.

For good management of diabetes, which can help prevent long-term effects of diabetes such as blindness, foot/leg amputations, and kidney failure, it is important to keep track of the amount of carbohydrates you eat. Your

RD will determine a specific amount of carbohydrates for each meal or snack to ensure your blood sugar stays in good control. This takes practice and a RD can help in this learning process, but no matter the method, your job is to learn the number of carbohydrates in each food measured in grams, then keep to the planned number.

Carbohydrate counting gives you wiggle room in terms of making food choices. However, to ensure you eat healthfully your focus should be on whole grains, fruits, vegetables, beans and low-fat milk. Sweets should be saved as occasional treats.

With that being said, remember that change happens slowly. Changing what you eat overnight is extremely overwhelming and sets you up for failure. The trick is small, manageable changes at a time. It’s our job at the Diabetes Wellness Program to help you with these small changes as best we can. We have expert, in-house team that includes a registered dietitian, nurse, optometry tech, and fitness specialist.

For more information call (405) 422-7685.

Events & Powwows Calendar

R.E.Sp.E.C.T. Program Fall Break Camp-Out
Oct. 15-17, 2014 at the Concho powwow grounds in Concho, Okla. For more information call the R.E.Sp.E.C.T. Program, Concho, (405) 422-7570 or Clinton, (580) 331-2601.

Breast Cancer Awareness Powwow and Health Fair
Oct. 17-18, 2014 at the Canton Community Center in Canton, Okla. Health Fair begins Friday, Oct. 17, 12 noon - 5 p.m. Powwow is schedule for Saturday, Oct. 18 from 3 p.m. - 11 p.m. Also a healing and wellness sweat will be held Saturday, Oct. 18 at 12 noon. For more information contact Deborah Ellis at (405) 422-7674 or Ruben Watan at (405) 422-7676.

A2-C2 Halloween Party, Kingfisher and Geary
6 p.m.-8 p.m., Oct. 20, 2014 at the Kingfisher Park in Kingfisher, Okla., and Oct. 23, 2014 at the Geary Park in Geary, Okla. Meals will be served at 6 p.m. Inflatables, pumpkin patch and hayrides.

Redmoon Powwow Committee Benefit Dance
Oct. 25, 2014 at the Hammon Community Center in Hammon, Okla. Supper at 5 p.m., dance to follow, no giveaways, lots of raffles. For more information contact Cheryl Carter at (580) 682-0953.

Clinton I.H.S. and the Cheyenne and Arapaho tribes 5K and Fun Run
8 a.m., Saturday Oct. 25, 2014 at the Clinton Indian Health Center in Clinton, Okla. Open to the public and everyone is invited to attend this event in support of HIV/Aids Awareness.

R.E.Sp.E.C.T. Program’s Haunt the Zoo
Oct. 27, 2014 at the Oklahoma City Zoo. For more information call the R.E.Sp.E.C.T. Program, Concho, (405) 422-7570 or Clinton, (580) 331-2601.

R.E.Sp.E.C.T. Program’s annual Halloween Carnivals-Concho and Clinton
Oct. 29, 2014 at the Concho ballfields in Concho, Okla., and the Clinton R.E.Sp.E.C.T. building in Clinton, Okla. For more information call the R.E.Sp.E.C.T. Program, Concho, (405) 422-7570 or Clinton, (580) 331-2601.

Haskell Alumni Association of Oklahoma’s annual Reunion
Oct. 31-Nov. 2, 2014 at the Crowne Plaza Hotel in Tulsa, Okla. Opening reception Friday, Oct. 31 at 6 p.m. For more information contact Loretta Burgess at (918) 633-7030 or by email, duskcut1951@yahoo.com or Carmen Ketcher at (918) 333-7483 or by email, Sacnfoxlady@gmail.com.

Ancestry Day in Oklahoma
Nov. 4-8, 2014 at the Oklahoma Historical Society, 800 Nazih Zuhdi Drive in Oklahoma City. Registration to the main event is \$40 and includes admission to all Saturday classes presented by Ancestry.com. Ancestry.com classes will include include, The New American Indian Collection Ancestry 101, Getting the Most from Ancestry.com and Using Ancestry DNA. Questions and answer session follows. For more information or registration visit www.okhistory.org/ancestryday.

Geary JOM Program recognizes volunteer

The Cheyenne and Arapaho tribes Johnson O’Malley (JOM) Program is recognizing Andrea Coppage for volunteering her time in assisting the JOM Program in the Geary community.

Coppage became the Geary JOM chairperson in November 2013. She has children attending the Geary Public Schools. Her goal is to help the Geary Native American students as much as possible, and get more parents involved with JOM, along with other Native American programs.

“I would like to see the tribes Department of Education to provide more tutoring services, and get more culture, and heritage knowledge for our Native students,” Coppage said. “I would also like to see educational mentors become more involved with the students in Geary.”

Coppage has coordinated activities with JOM, R.E.Sp.E.C.T., and Cheyenne and Arapaho legislative two branch representatives, Alan Fletcher, and Christine Morton.

“She is eager to learn more about the JOM Pro-



Andrea Coppage, Geary JOM chairperson.

gram as well as the Title VII Program,” Francine Williams, JOM coordinator said. “She has an interest in becoming a school board member with the Geary Public Schools, and has applied for a tutoring position with the school.”

Williams said Coppage has shown the JOM Program that she cares for all of the Geary Native American students and enjoys volunteering her time in providing assistance for the them.

“We would like to thank Coppage for all her hard work and commitment to the Geary JOM students,” Williams said. “Keep up the good work Andrea.”

HOUSING

HIGHLIGHTS

Oct. 2014

Housing Highlights October 2014

Important Things Home Buyers Need to Know and Remember

If you are close to paying off your home or should have paid off your home, the USDA has a program to help you renovate your home.

This program is for the low income and enables you to have your home rehabilitated if needed. You must be a homeowner to participate.

Please contact Carolyn Fletcher at (580) 309-3489 if you need to make arrangements to pay your home off or if you need more information.

Community meetings are during the month of October. All meetings begin at 6 p.m.

If you have a home in the Housing Program please plan to attend one of the informational meetings listed below. Our staff looks forward to assisting you.

Oct.15-Concho Community Center in Concho, Okla.

Oct. 22-Seiling Community Center in Seiling, Okla.

Oct. 29-Geary Community Center in Geary, Okla.

Chili Hominy Bake

Cooking with USDA Foods

Furnished by the Food Distribution Program

Preheat oven to 375 degrees

½ pounds ground beef

½ cups onion, chopped

1 can low-sodium hominy, drained

1 can diced, low sodium tomatoes

1 tablespoon Chili powder

2 tablespoons flour

pepper to taste

1 cup cheese, grated

In a large skillet brown ground beef and onion until cooked thoroughly. Drain well and rinse ground beef.

Stir in tomatoes including juice, drained hominy, chili powder, flour and pepper. Mix well.

Pour mixture into a 2 quart, oven safe baking dish.. Bake for 20 minutes.

Top with cheese and continue baking for 5 minutes or until cheese has melted.

Makes 8 servings

Letisha Ruiz
Senior Consultant

Whole Food Nutrition
in one NATURAL DRINK

405-503-0633
letisharuiz@gmail.com
www.letisharuiz.zealforlife.com
<http://facebook.com/letisha.ruiz>

BRIEFS AT A GLANCE			
Introduction to Housing Management Oct. 21-22, 2014 in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com .	with Youth in Indian Country Oct. 22-24, 2014 at the Hampton Inn in Las Vegas, Nev. For more information visit www.falmouthinstitute.com .	therhood is Leadership” Conference Nov. 5-7, 2014 at the Marriott Mesa Hotel in Mesa, Ariz. For more information visit www.nativeamericanfathers.org .	Nov. 10-13, 2014 at the Miramonte Hotel and Resort in Palm Springs, Calif. For more information visit www.ncai.org .
Managing the Federal Funded Construction Projects under Grants, Contracts and Self Determination Awards Oct. 21-22, 2014 in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com .	Conducting Effective Performance Reviews in the Tribal Workplace Oct. 28-30, 2014 in Las Vegas, Nev. For more information visit www.falmouthinstitute.com .	Tribal Interior Budget Council Nov. 5-6, 2014 at the Washington Plaza Hotel in Washington, D.C. For more information visit www.ncai.org .	The fifth annual Native American Health Care Conference Nov. 12-14, 2014 at the Morongo Casino Resort and Spa in Cabazon, Calif. For more information visit www.nativenationevents.org .
Strategies for Working	The 11th annual National Native American, “Fa-	NACA annual Conference and Expo	Supervision and Management Skills: Leadership in the Tribal Workplace
			Nov. 19-20, 2014 at the Sevenfeathers Casino Resort in Canyonville, Ore. For more information visit www.falmouthinstitute.com .
			Planning and Managing Construction Projects in Indian Country Dec. 3-5, 2014 in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com .
			Emerging Trends in Tribal Enrollment Dec. 3-5, 2014 at the Westin Las Vegas Hotel in
			Las Vegas, Nev. For more information visit www.falmouthinstitute.com .
			Payroll Tax Management for Tribal Organizations Dec. 8-9, 2014 in Las Vegas, Nev. To register visit www.falmouthinstitute.com .
			The 14th annual National Indian Nations Conference Dec. 8-11, 2014 in Coachella Valley, Calif. For more information visit www.ncai.org .

Happy Birthday



I want to wish you a very Happy 18th Birthday with many more to come Not sure where time has went but it sure has flown by I just want you to know I love you more than you will ever know! You are definitely one of a kind and I am very lucky to say you are my son Have a great day, love mom

Happy Belated Birthday's
Sept. 1
Joel Pedro
From your aunt in Elk City

Johnny Webster
Sept. 2
From all your aunts and uncles

Emmanuel Lopez
Sept. 9
From the Elk City gang

Annabelle Prairie Chief
Spt. 24
From your sisters

Willis Raymond
Oct. 2
From your whole family



Carmen Gray
Oct. 3
Happy Belated Birthday to a loving mother, grandmother, aunt, and friend
Love, your family
Numbers 6:24-26
The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; the Lord turn his face toward you and give you peace



Happy 18th Birthday P-Nut from your sister Kayla and your brother Michael

Happy Birthday grandma! Love, Symphony Rae Washee



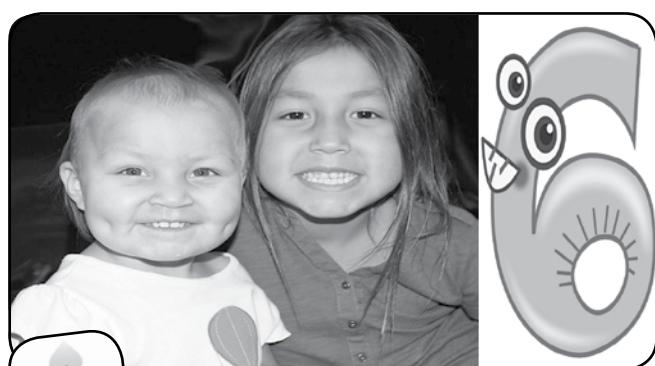
Happy 3rd Birthday Gavyn Love grandma, Trynity, Alaniyi, Aspen, Mathis, RJ, Roy and Stephanie



Happy Birthday Stacia Washee! We love you mom Eileen, Miranda, Destiny, Francesca, D'Shawn, Dezmond and Natalie



Happy 15th Birthday Jarred We love you, mom, Jabby and Barry



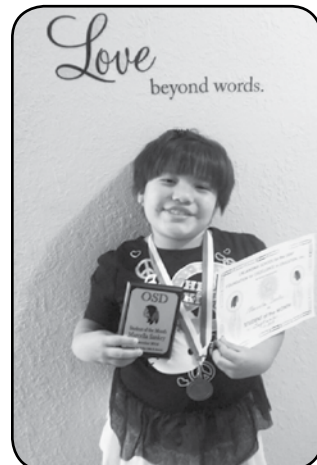
We would like to wish our beautiful girls a very Happy Birthday!
Michelle's 2nd birthday on Oct. 22 and Kynadee's 6th birthday on Oct. 23!
You bring us so much joy and happiness!
We love you both so much! Love mom and dad

We want to welcome to the world such a wonderful addition to our family, Miss Delina Nichelle Narcomey. She was brought into this world at 8 lbs., 8 oz. on Oct. 2, 2014. She is so loved and such a blessing to our family. We wish you such a long and happy life baby. Love daddy, mommy and big sister Mayanna, grandma Vicky and grandpa D, aunties Sonia, Jessica and Adriana, and uncles Desmone and Adrian

I would like to wish my wife a very Happy Birthday! Stacia Rae (Cometsevah) Washee, Oct. 16
S- Seems like it was just yesterday that we met, it was 19 years ago and I enjoyed everyday with you and our family.
T-Times got hard but we've made it through because of you keeping us together and making us strong.
A-All of our kids are thankful for you helping them with their homework and with everything else you do.
C-Cause we know how hard it can be with the kids and homework but you are still doing it.
I- I will always love you, always and forever till the day I die.
A-And I can't wait to see what the future holds for us cause we are just getting started. So get ready!
God Bless You Baby! Your one and only, Gordon Washee, Jr.



Happy Belated 79th Birthday in September to our beautiful grandma, mother, aunt, and sister
We love you
Love your family



Marcella Sankey first grader at Oklahoma School for the Deaf
We are very proud of her for being nominated September Student of the Month.
She is the granddaughter of Virginia Whiteman-Reyes. Her mother is Nina Bruesch-Woods, step father Fritz Woods, grandfather the late Marcel Sankey, grandmother LaQuita "Keetz" Lonebear. Also a special grandmother Vinita Sankey and father Marcel "Chase" Sankey.
Way to go Cella we love you

Queen for a Day Event

Single Parent Support Network (SPSN) is thrilled to announce the Queen for a Day Event taking place on Oct. 18, 2014 at Mustang Church of the Nazarene, in Mustang, Okla.
This is an event that honors the single mother. We celebrate the single mother by giving her a day of inspiration, appreciation, and relaxation through a mini transformation.

SPSN does this by empowering, equipping, and educating our single mothers by giving them a day of pampering. Oh yes, a day of pampering.
How can a single mother, grandmother, or an adoptive mother receive a pampered day of events?
A single mother needs to be either an SPSN member or receive a nomination. You can help a deserving single mother receive a day of luxury.

How cool is that?
All you need to do is go to www.supportforsingleparents.org and email us at info@supportforsingleparents.com, or call our office at (405) 917-1817. Nominate your single mother and explain why you are electing your single mother to receive her special day by SPSN.
She will receive an inspiring uplifting day from main event speaker, Carla Gonzales, Ms.

United Nations. Other amazing speakers will serve as break-out session speakers on needed topics. Known speakers like Christy Johnson; author of *Love Junkie* speaking on Finding Purpose and Joy in the Mindset of Chaos, Calvin Williams; Raising Boys, Debbie Hite; Love Languages, James Tucker; True Colors, Darius Jackson; Finances, Dr. Shawna Ortiz; Changing your Mindset for a Healthy

Lifestyle, Kirsten Lee; The Grieving Woman, Lauren Rivers; Stranger Danger, Michelle Hamon; Fitness at Work, and JoeAnna Thompson, as our emcee for this wonderful event with a short inspirational speaking, Understanding your Identity, Depression has nothing on you.
A delicious lunch will be provided for the mother and all the queens kids. Yes, daycare and children's activities are included. How-

ever, it doesn't end there. All mother-participants receive a beauty transformation with a haircut, manicure, and glamor makeover.
SPSN has been blessed to partner with people, businesses, and organizations across the city for this special day. Without them, we wouldn't be able to show our appreciation for the single mother.

Agenda for 2014 Junior Senior Day

Cheyenne and Arapaho Tribes
Higher Education Program

2014
Jrs-Srs
Fall Break
Conference Day
October 16, 2014
9am-3:30pm
Clinton, Ok
Frisco Center

CHEYENNE and ARAPAHO
TRIBES

Gaming-Higher Education funds are made possible through the Gaming Revenue Allocation Plan (GRAP)

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Assist. Executive Director
Gordon Yellowman
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Higher Education Staff
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climpy@c-a-tribes.org

Facebook @ Cheyenne Arapaho Education
Twitter address @educatribes

Facebook @ Cheyenne Arapaho Education
Twitter address @educatribes

Department of Education
PO Box 167
200 Wolf Robe Circle
Concho, OK 73022
help.education@c-a-tribes.org

Department of Education

MOTTO
Maximizing Opportunities

CORE VALUES
Compassion
Equity
Leadership

VISION STATEMENT
Enhancing opportunities for our Cheyenne and Arapaho people to become empowered, educated and productive citizens, while maximizing cultural competency and traditional awareness.

MISSION STATEMENT
Our mission is to promote and support our Cheyenne and Arapaho people in their educational path with services that are inclusive of everyone in the circle from the youngest to the oldest. We honor our traditions and emphasize development in the areas of spiritual, physical, social and intellectual learning.

A feather.

2014
Junior/Senior Fall Break

9AM-9:30AM-Breakfast
9:30-9:35AM-Opening Prayer by EUGENE BLACKBEAR JR
9:45-10AM-Introduction by FUNSTON WHITEMAN
Executive Director of Education
Welcome Address by Governor EDDIE HAMILTON
Cheyenne and Arapaho Tribes

10:10-10:50AM-BREAKOUT SESSION #1 COLLEGE FINANCIAL AID
10:50-11:30AM-BREAKOUT SESSION #2 GATES MILLENNIUM SCHOLARSHIP

11:30-12:15pm- LUNCH
Motivational Speaker Chance Rush
DOOR PRIZES TO BE AWARDED

12:15-12:30PM-VISIT VENDOR BOOTHS/ COLLEGE BOOTHS
12:40-1:20PM-BREAKOUT SESSION #3 (Choose from PM topics)
1:20-2:00PM-BREAKOUT SESSION #4 (Choose from PM topics)
2:00-2:40PM-BREAKOUT SESSION #5
2:45-3:10PM-STUDENT PANEL
Invited Guest Panelist: Christopher RomanNose-Chief Admin. Officer/Cheyenne and Arapaho Tribes
Jordan Gorham, Student at Oklahoma Christian University
Breanna Faris, BA, University of Okla.
Augusta Smith-Native American Link
Former Educator at Sequoyah High School
3:15-3:30PM-CLOSING REMARKS
Teresa Dorsett, Asst. Exe. Dir.-Dept of Administration (Former Exe. Dir. Of Ed)

BREAKOUT SESSION #1
10:10AM-10:50AM

**COLLEGE FINANCIAL AID presented by Redlands Community College-The Cornell Room. Information will be provided on how to apply for college funding which includes Pell Grant, Okla. Tuition Aid Grant, Student Loans, Tribal Funding and possible Scholarship opportunities.

BREAKOUT SESSION #2
10:50AM-11:30AM

**GATES MILLENNIUM SCHOLARSHIP presented by Gabriel Bell-The Engleman Room. The criteria will be provided that must be met in order to apply for a Gates Millennium Scholarship. The workshop will include the application process and helpful tips to enhance your application.

LUNCH

BREAKOUT SESSION #3
12:40PM-1:20PM

BREAKOUT SESSION #4
1:20-2:00PM

Choose from 4 Topics Below

**MILITARY PANEL-The Lorenz Room. This panel will provide better insight into careers and opportunities in the military. This is a session for men and women to learn more about the service branches. High school students are encourage to ask questions about college opportunities, military life, and other rewarding opportunities.

**MAKING COLLEGE COUNT presented by Rachel Crawford. The Sewell Room. College is demanding on both students' time & skills. This presentation will focus on techniques and strategies that promote student success in college. The presenter will discuss basic life skills and the role social media plays in college admissions.

** TRIBAL EMPLOYMENT OPPORTUNITIES/ SKILLS NEEDED presented by Mr. Cecil Gray, Executive Director-Dept. of Administration. The Sinor Room. This presentation will talk about full & part time employment opportunities within the Tribe. It will also cover information on the type of skills needed for future employment.

**THE CHEYENNE AND ARAPAHO LANGUAGE PROGRAM presented by Everett Moore-The Smith Room. Our two cultures, the Cheyenne and Arapaho are in our existence as long as we learn, teach, and internalize the traditions experience and "more true to life", in the respective tribal languages. Language is the power and the primacy that makes us distinct from all other tribes and nations the world over.

BREAKOUT SESSION #5
2PM-2:40PM

**PERSONAL FINANCE 101 presented by Michael Bell-The Lorenz Room. This session will include budgeting and what college can do for your future income and credit history

**HIGHER EDUCATION COLLEGE PREP. presented by Wanda Whiteman. The Cornel Room. Wanda will speak to tribal Senior Students only about what our higher ed. dept. can help them with. Information will include High School Asst., ACT/SAT Asst., Scholarship Info. and the Annual Graduation Banquet..

Chance Rush travels throughout the U.S. & Canada to work with Native communities in efforts to inspire, heal, motivate and energize. He has a talent for using his energy & humor to spread a simple message: "Use your personal talents to lead you to greatness!!"

CLASSIFIED SECTION

Employment: Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver’s license and a copy of CDIB to Personnel Department, PO Box 38, Concho, OK 73022 or email tthompson@c-a-tribes.org.

**Office Clerk
Food Distribution,
Watonga, OK
Closing: Oct. 17**

**Counselor, Adult
Education Dept.
Howard Goodbear Center,
Watonga
Closing: Oct. 21**

**Cemetery Caretaker
Burial Program,
Enrollment Department,
Concho, OK
Closing: Oct. 24**

**Public Relations and
Events Coordinator
Department of Education,
Concho, Oklahoma
Closing: Oct. 23**

**Data Entry Clerk,
Diabetes Wellness
Program
Permanent Full-Time
Willie Fletcher Fitness
Center, Concho
Closing: Oct. 24**

**Arapaho Researcher
Language Program,
Education Building,
Concho, Ok
Closing: Until Filled**

Qualifications:
Possess two years of relevant specialized experience. High school diploma or GED required. Valid Oklahoma driver’s license required.
SALARY: Negotiable

Qualifications:
Bachelor’s degree in education or related field preferred; or an equivalent combination of education and experience, substituting one year of experience in teaching for each year of the required education. Knowledge of current eclectic learning styles, principles of teaching, Adult Education policies and regulations, general education curriculum, and testing procedures. Prepare instructional plans, progress reports, fliers, and other similar or related materials. Maintain ongoing documentation regarding services provided (includes participant files and specialized class/workshop/seminars files). Proficiency in MS Word, MS Works, and Excel. Current Oklahoma driver’s license, a clean driving record and pass OSBI background check. Work flexible hours including weekends and holidays not to exceed 29 hours/week. Cheyenne and Arapaho Indian preference.
SALARY: Negotiable

Qualifications:
High school diploma or GED certification required and must be 25 years old. Current Oklahoma driver’s license to operate a tribally owned vehicle, Commercial Driver’s License (CDL) preferred. Ability to operate backhoe, brush hog, and various lawn equipment with two years experience in cemetery maintenance/opening and closing graves. Knowledge of preservation and restoration techniques and applicable standards of cemeteries. Experience of equipment maintenance, repair and upkeep. Knowledgeable of Cheyenne-Arapaho cultures. Must pass pre-hire drug screening.
SALARY: Negotiable

Qualifications:
High School diploma. Valid driver’s license and reliable transportation. Prefer Associate’s Degree or at least two years of college. Must possess two years of work experience in related field or equivalent. Must be willing to further education (Associate or Bachelor’s Degree). Must be computer literate in the following programs: Microsoft Office, Excel, Work, Access, Power Point, Outlook, social media, and others as needed Must pass a background investigation/record check and drug test. Cheyenne and Arapaho Preference.
SALARY: Negotiable

Qualifications:
Bachelor’s degree in linguistics, Native American studies, Anthropology or related field preferred but not required. Experience working with Native population. Academic training, knowledge and experience in Native American languages and cultures. Basic computer skills. Ability to learn audio and video recording skills. Set and meet deadlines. Work flexible hours including evenings and weekends. Travel within the Cheyenne and Arapaho service area. Valid Oklahoma driver’s license.
SALARY: Negotiable

**Water Program
Coordinator
Environmental Protection
Agency, Concho
Closing: Until Filled**

Qualifications:
Associates Degree in related science field preferred. Two years work experience, preferably working with tribal programs and specifically environmental programs. Ability to work with limited supervision and complete assigned tasks in a timely manner. Computer literate with ability to learn new programs. Ability to learn to operate a variety of office machines including GIS/GPS and water monitoring/testing equipment and software. Valid Oklahoma state driver’s license. Able to travel both in-state and out-of-state on a frequent basis.
SALARY: Negotiable

**Substitute Teacher Aide
Clinton (2), Concho (2),
Canton (1).
Closing: Continuous**

Qualifications:
Valid Oklahoma driver’s license and be willing to obtain a CDL and Bus Driver’s Certificate within 90 days of hire. Must be in good physical health, which allows lifting and moving. Knowledge of Head Start is desirable. Ability to work independently. A high school diploma or GED certification required. Must be familiar with federal, regional, state, and local Tribal regulations as they apply to the specific area of program operations.
SALARY: Negotiable

**Caseworker Aide,
Crisis Program
Clinton, Ok.
Open Until Filled**

Qualifications:
Must have valid Oklahoma driver’s license in order to operate a government vehicle. High school diploma or G.E.D. certification required. Must be able to favorably pass a background check in which suitability of employment is determined. One year or relevant experience i.e. secretarial, para-professional, administrative assistant, etc. Cheyenne and Arapaho preference.
SALARY: Negotiable

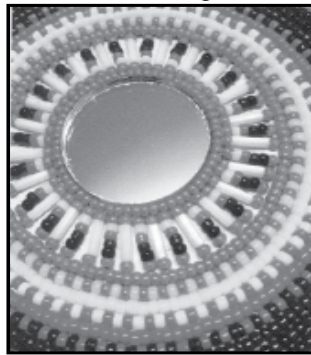
**Auto Mechanic
Economic Development,
Concho
Closing: Until Filled**

Qualifications:
Must possess a high school diploma or GED. Valid Oklahoma driver’s license and have dependable transportation. Certification is preferred and an advantage, but not necessary with at least two years of relevant experience. Advanced knowledge in the components of mechanics of various vehicles, the interaction of vehicle components and systems, as well as computerized diagnostic tools. Have strong customer service and problem solving skills. Must possess a high degree of dependability and accountability. Perform other duties as assigned. Cheyenne and Arapaho preference.
SALARY: Negotiable

**Insurance Specialist,
Personnel Department
Tribal Complex, Concho,
Oklahoma
Closing: Until Filled**

Qualifications:
Minimum of an associate’s degree preferred. At least two years experience in business administrative work. Knowledge of third party billing rules and regulations. Knowledge of tribal processes. Possess excellent written and verbal communication skills. Strong problem-solving skills and ability to adapt to changes in policies, regulations and procedures is essential. Attention to detail and ability to interact effectively with others. Able to consistently meet production and quality goals. Proficient in Microsoft Office program. Valid driver’s license. Cheyenne and Arapaho preference.
SALARY: Negotiable

**For Personal
Injuries call**



**Richard J. Grellner
Attorney at Law**

"Representing tribal members for over twenty years."

**RIG LAW PLLC
434 NW 18th Oklahoma City, Oklahoma 73103
rjgrellner@hotmail.com
(405) 834-8484**



**Residential • Commercial
405-262-5300**

Obituaries



*In Loving Memory
Millicent Mae
Doyebi
July 26, 1944 -
Sept. 30, 2014*

Wake services were held for Millicent Mae Doyebi on Oct. 3, 2014 at the Huber Benson Funeral Chapel in El Reno, Okla. Funeral services were held on Oct. 4, 2014 also at the Huber Benson Funeral Chapel in El Reno, Okla.



*In Loving Memory
Cherrie Fletcher
July 22, 1962 -
Sept. 24, 2014*

Wake services were held for Cherrie Fletcher on Sept. 26, 2014 at the Huber Benson Funeral Chapel in El Reno, Okla. Funeral services were held on Sept. 27, 2014 also at the Huber Benson Funeral Chapel in El Reno, Okla.



**TRIBAL TRIBUNE
DEADLINES**

At 3 p.m. every 8th and 23rd of the month. Unless the 8th or 23rd falls on a weekend, it will be the Friday preceding.

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IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

IN THE TRIAL COURT
DOCKET _____ PAGE _____
FILM _____ PAGE _____
COURT CLERK
Rebekah Martin DEPUTY

In The Matter Of The Guardianship Of:)
)
J.D.S.W.)
)
) Case No: PG-2014-51
)
A Minor Child

NOTICE BY PUBLICATION

The Cheyenne and Arapaho Tribes to: MARION RUTH REDBIRD
JOHN DAVID WHITEEAGLE, JR.

You are hereby notified that PAULINE WHITE TAIL-DAUKEI has filed in this Court a Petition For Appointment Of Guardianship of the person and/or estate of J.D.S.W., minor child, and that said Petition is hereby set for a Temporary Guardianship Hearing to be heard in the Court room of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 5TH day of NOVEMBER, 2014 at 10:00 A.M., at which time you may appear and show cause why said Temporary Guardianship should not be granted.

Dated this 1ST day of OCTOBER, 2014.

By: 
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES
P.O. BOX 102
CONCHO, OKLAHOMA 73022

IN THE TRIAL COURT
DOCKET _____ PAGE _____
FILM _____ PAGE _____
COURT CLERK
Rebekah Martin DEPUTY

In The Matter Of The Guardianship Of:)
)
J.D.S.W.)
)
) Case No: PG-2014-51
)
A Minor Child

NOTICE BY PUBLICATION

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ATHLETES SPOTLIGHT

Together Everyone Achieves More

Jazmine Johnson is a volleyball player for El Reno High School. The timid 5'9", senior mostly enjoys spiking the ball and blocking.

When did you first begin playing?

I started playing when I was in the 7th grade.

What is it about the sport that you love the best?

Probably blocking, it gives me so much adrenaline.

What has been your biggest accomplishment in the sport so far?

Getting to spike a ball where the other team is not able to get the ball.

What is your GPA?

It is a 3.7.

What is your biggest accomplishment in the classroom so far?

Keeping my grades up and not failing. I want to complete my senior year.

What are some of your goals, (sports, life, school)?

I want to make my parents proud of me by going to college and do something with my life.

What actions are you taking to reach these goals?

I am taking my ACTs, applying for colleges, and also applying for scholarships.

What has been the most exciting game you have played in?

This year at a home game, when we played against Newcastle going into five

Photo and interview by Rebecka Lyman, Reporter

games. We did not win, but we should have. The student section was real hyped up and it made it real fun to play that day.

What is the best advice you have ever been given and who gave you that advice?

My mom tells me to never give up, because things will get better. Last year I wanted to quit volleyball and she encouraged me



not to.

Who or what inspires you the most?

Again, my mom. She is always pushing me to do better and encourages me all the time.

What is your favorite meal before or after a game?

I really don't have one. I normally just eat a granola bar and drink a Gatorade before a game.

Who has had the biggest impact on your life?

My parents, because they are always encouraging me even when I feel like I want to quit.

What are some of your hobbies (what do you like to do when not playing sports)?

Probably sleep and hang out with my friends at football games or go to the movies.

What kinds of music do you enjoy listening to?

I like all types of music.

What is one thing about you that no one else knows?

I am very insecure about myself.



If you could change one thing in the world, what would it be?

To be taller.

What do you someday dream of doing?

Owning my own business or to be a CEO of a large corporation.

Who is your favorite athlete of all time?

Kevin Durant, because he so humble.

What are your plans after graduating high school?

Go to college and get my master's degree.

What would be your advice to younger kids coming up behind you?

To not give up on their dreams, because it does get better.

NAJA and Gaylord College present a screening of ‘Shadows of Liberty’ documentary Oct. 16

Norman, Okla.-The *Shadows of Liberty* coast to coast screening and media reform action tour will come to the University of Oklahoma Thursday, Oct. 16 beginning at 7 p.m., in the Ethics and Excellence in Journalism Foundation Auditorium, Gaylord Hall Room 1140, 395 W. Lindsey in Norman, Okla.

The documentary film *Shadows of Liberty* reveals the truth behind the news media, censorship, cover-ups and corporate control.

In highly revealing stories, renowned journalists, activists and academics including Danny Glover, Julian Assange, Dan Rather, Amy Goodman, David Simon, Norman Solomon, Bob Bear, Roberta Baskin, John MacArthur, Daniel Ellsberg and Kristina Borjesson give insider accounts of a broken media system. Controversial news reports are suppressed, people are censored for speaking out, and lives are shattered as the arena for public expression is turned into a private profit zone.

Shadows Of Liberty is dedicated to the

journalists and information freedom fighters, the heroes of our time, who dedicate their lives to our right to freedom of information - the central pillar of a free society. ‘Shadows of Liberty’ provides a platform for voices that have been silenced and in doing so, attempts to inspire change and accountability. This film champions the idea of an independent media where truth and integrity are the norm, not the exception.

There will be a highly engaging panel discussion with Osage News editor, Shannon Shaw-Duty and a representative from the OU Gaylord College following the film.

Tickets are available online or at the door. A suggested donation of \$5 or more is appreciated. Visit the Facebook event page for more information: <https://www.facebook.com/events/705863322828592/>.

Filmmaker and film contributors are available for interviews between now and the screening. For more information and to review a film screener, call Debra at (720) 917-4900 or email Debra@docfactory.org.

Suicide Prevention

continued from pg. 3

said than done. As a young boy, growing up, I was told that if a person chooses to take their own life then their spirit is not going to make it to where it needs to be in the next world. When my sister committed suicide I could not help but wonder where she was. Was what we are taught true?

And as time went on my sister's death just seemed to be something that happened. That didn't seem right to me. A young person just took their own life and we're not going to say anything about it? I can only speak from my own experiences and understand that we all handle situations in different ways. But for me, personally, I feel that suicide and prevention need to be discussed openly. A friend who is also an advocate for suicide prevention recently shared a comment heard in her community. She was told that the reason her community does not speak about suicide is because they fear it is contagious and using the word 'suicide' will cause members to take their own lives.

What advice would you give to someone who is upset and thinking about suicide?

It is important that we not only say but also show each other how important we are to one another. I was an addict by the age of 13 and had my own thoughts of suicide as a teenager. As a boy I was raised by my grandmother because my mom was an alcoholic and drug addict and my dad was

also an alcoholic and out of the picture.

I remember at age 15 being high, sitting in the back seat of my best friend's car and thinking to myself, "Alright, this is going to be the rest of your life. I'll just give up now and become a drug addict. Nobody will care." I share that because when I was younger I never thought about tomorrow. I never thought that things could get better and that what I was going through at the time was temporary. I had never considered the possibilities.

It seems like such a simple thing, something we often take for granted: the ability to show compassion and love. The smallest gesture can mean so much to a person. A smile, a friendly "hello" or a handshake. I'm sure we've all had those moments we let pass by, times where we could have given more of ourselves but didn't for one reason or another. Give that time. Show your heart to others. It matters.

These websites are links to more information on suicide, www.cnay.org, www.wernative.org, www.nativecry.org, www.afsp.org.

Dirk Whitebreast is available for speaking engagements, he suggests either following him on social media through Facebook, Twitter or Instagram and also by e-mail: Dirk.whitebreast@gmail.com.



Elder's Day Out



Inviting Cheyenne & Arapaho Tribal Elders

October 22, 2014

Concho Community Building

10:00 a.m. to 3:00 p.m.

PUMPKIN DECORATING

CARNIVAL GAMES

EXERCISE BINGO

COSTUME CONTEST

TRANSPORTATION SCHEDULE

Norman Community Building - 7:00 A.M.

Elk City/Lewistown - 7:00 A.M.

Cherokee/Okfuskee - 8:00 A.M.

Cherokee/Tulsa - 8:00 A.M.

Woodward/Oklahoma City - 9:00 A.M.

Oklahoma City/Cherokee - 9:00 A.M.

Woodward/Waterloo - 9:00 A.M.

Springfield/Guthrie - 9:00 A.M.

Cherokee/Elk City - 9:00 A.M.

Wagon Wheel/Broken Arrow - 9:00 A.M.

Geary County - 9:00 A.M.

Kingfisher/Waterloo - 9:00 A.M.

CALL TO REGISTER:

1-800-247-4612

EXT. 27570,

27585, 31601

THE HASTYLEZ FAMILY

Presents

The 10th Annual Oklahoma Hip-Hop Summit

SATURDAY-OCTOBER 18, 2014

@ MAYFAIR CULTURAL CENTER

3200 N.W. 46TH ST. Oklahoma City, OK



Contact Hastylez 405-201-2054

<https://m.facebook.com/thehastylez>

ANADARKO INTER-TRIBAL VETERANS STAND DOWN

Ever served in the military? Feel homeless, or living in an overcrowded situation? Are you the widow of someone who served?

Friday November 7th, 2014 10am-3pm

Lunch will be served @ 11:30am

Location: Iscani Gym / 1 South Coronado Cir. / Anadarko, OK

PARTICIPATING TRIBES

Delaware Nation / Kiowa Tribe of Oklahoma / Wichita Tribe / Comanche Nation / Apache Tribe of Oklahoma / Fort Sill Apache Tribe of Oklahoma / Caddo Nation / Cheyenne & Arapaho Tribes

SERVICES:

- Help with accessing VA benefits & services
- Housing assistance
- Education and training opportunities
- Counseling & substance abuse referrals
- Emergency shelter & other social services
- Employment assistance
- Legal Services
- Health screening
- Employment services
- Haircuts

GIVEAWAY ITEMS:

- Personal care products
- Clothing closet
- Surplus items, blankets, boots, etc.
- Lunch
- Pick-up locations available

For More Information Please Contact:

Mary Colley-VA Tribal Govt.: (405) 628-3428 cell

Lenny Vile-VA Medical Center: (405) 456-1708 office

Candy Klump-VA Medical Center: (405) 694-1761 cell

Lottie Jay-Delaware Nation Housing: (405) 933-3001 cell

Leslie Heredia-Office of the Governor: (405) 422-7734

Please bring a copy of DD Form 214 if available.



Photo by Rebecka Lyman
On Sept. 27, 2014 hundreds of people march 2.8 miles from Washington Park to the Oklahoma State Capitol to celebrate living in recovery for the 13th annual OCARTA, Recovery Walk.

Each September, thousands of prevention, treatment, and recovery programs around the country celebrate their success and share them with their neighbors, friends, and colleagues in an effort to educate the public about recovery, how it works, for whom, and why.

“There are millions of Americans whose lives have been transformed through recovery,” Donna Woods, founder of Oklahoma Citizens Advocates for Recovery and Treatment Association (OCARTA) said.

On Sept. 27, 2014 OCARTA hosted their 13th annual Recovery Walk and Recovery Fest with over 200 people marching the 2.8 miles from Washington Park to the state Capitol.

“We are all here today to encourage people to openly discuss, or speak up about mental illness and substance abuse and the reality of recovery,” Woods said. “Treatment is effective and people are recovering in Oklahoma.”

Woods refers to herself as a woman in recovery first, and then a professional. Her own recovery began in 1994 when she made a phone call to a friend in the program of Alcoholics Anonymous.

She graduated from Oklahoma State University in 2004, earning her Substance Abuse Counseling with an Associates of Science degree.

“There has never been a time in our history when the voice of the recovery community needs so badly to be heard,” Woods stated. “The goals of the walk is to eradicate discriminating public policies, increase awareness of the benefits of recovery, honor providers of a wide range of treatment and recovery services, mobilize the recovery community to work toward increasing funding for research, support services and quality treatment, provide hope to those still suffering, and to honor those who haven’t survived.”

OCARTA offers multiple classes, one on one mentorship, peer bridging and adult education to the growing number of individuals and families who wish to sustain long-term recovery.

Native Voices in Recovery founder, Ronald Kaulay, attended the recovery walk.

“Native Voices in Recovery was an idea my cousin and I bounced around, soon a mission statement was formed, and then an objec-

tive, our purpose was defined back in October of last year,” Kaulay said. “We are willing to give out our names, our phone numbers and email addresses in hopes of reaching somebody.”

Kaulay said addiction is running rampant throughout Indian country.

“We must encourage our friends and relatives to seek recovery and guide those in need of mental health help,” Kaulay said. “We wish to spread the message that recovery is real, it’s not a dream. It is a reachable goal, with many benefits.”

Terri White, Commissioner for the Oklahoma Department of Mental Health and Substance Abuse Services engaged with the large crowd under a white tent, with a microphone in hand before the walk began.

“I’m so excited to see so many people out here this morning. It is a beautiful day for us to walk to the capitol. This is the 25th year for recovery month in the United States of America. This is the 13th year for OCARTA and Donna, our amazing leader to hold a recovery walk to the state capitol,” White said.

The pack of people cheered, whistled and clapped as White continued.

“For those who have mental health illness and addiction there is not enough people and not enough treatment resources to get them the help they need,” White stated.

White said to ensure that the state of Oklahoma to be able to have healthy individuals, families and communities is to provide early intervention and treatment for mental illness and addiction.

“The single biggest thing we can do to ensure that we have more of our children graduating high school, more of our young adults graduating from college, more of our adults in the work force living healthy,” White shouted. “The single biggest thing we can do to reduce the percentage of kids being placed in foster care systems, single biggest thing we can do to prevent people from ending up in crisis in the emergency room, the single biggest thing we can do to ensure that we have not only the economy that we want, but that people don’t end up in the back of police cars, or inside of a jail cell or the inside of a prison cell, is to provide early intervention, prevention and treatment of mental illness and addiction.”

White had the crowd’s attention

as they roared with excitement.

“The single biggest thing you are doing today, and the reason why I am so excited to see so many of you here is that you are showing other Oklahomans who are struggling and those Oklahomans who just don’t get it, that recovery happens every single day in the state of Oklahoma,” White said as the crowd cheered louder. “The fact that you are walking to the capitol is sending a message to others who definitely need hope today, that there is a way. That you all are here to say that recovery happens.”

The 2014 Recovery Month observance emphasizes the many ways that people can prevent behavioral health issues, seek treatment, and sustain recovery as a part of a commitment to living a mentally, physically, emotionally, and spiritually healthy life.

OCARTA offers resources to help local communities and encourage individuals and families in need of services to seek treatment and recovery services and information. For more information visit www.ocarta.org. The Substance Abuse and Mental Health Service Administration National Helpline is (800) 662-HELP.



Earn Points with Your Star Card While You Play!



TAKE YOUR LUCKY SHOT

October Giveaway!

Every Wednesday One of the Prizes Will Be Given Away!

Kiosk Drawing at 9:30pm



October 15: Grill and Michael Kors Handbag
October 22: His/Her Compound Bows
October 29: Grill and Michael Kors Handbag

See Players Club for Complete Rules/Details.

Halloween Costume Contest!

October 31



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